



MIDCENTRAL DISTRICT HEALTH BOARD
Te Pae Hauora o Ruahine o Tairāia

Professional Education Programmes

January 2019–
December 2019

Whānau-ā-hauora-ā-tairāia



MidCentral District Health Board (MDHB) is pleased to be able to offer a number of Education and Development programmes to health professionals external to our organisation.

Most programmes are delivered by MDHB employees. While some reference is made during sessions to the MDHB's policies and procedures, it is considered that the programmes are appropriate to offer to those external to MDHB.

The programmes are set out in two sections:

- Section One – General programmes suitable for a wide range of participants
- Section Two – Clinical programmes with some specific to a particular speciality, for example, nursing.

Registrations are made by completing a copy of the form at the back of this booklet. Payment is required at the time of booking. Limited spaces may be available on some courses due to high usage from MDHB employees.

We hope those attending sessions will find them valuable and would welcome any feedback. To this end participants will be provided with an evaluation form at the end of sessions attended.

Anne Amoore
Manager Human Resources and Organisational Development

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Payment must be confirmed before registration

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Compassionate Practice Essentials

Course code - NA

Aims/Purpose of the Programme

To help health professionals explore compassion, one of the MDHB's values, from academic, spiritual and personal perspectives so that compassionate practice is nurtured for self and others.

Content of Programme

Working in demanding, people centred health environments may mean that your own needs, the needs of patients, colleagues and the organisation seem to collide leaving you with few reserves. Sometimes it appears we are lacking in compassion. Compassion Practice Essentials offers gives you knowledge about the evidence base around compassion and how to maintain compassionate practice in the face of increasing demands. You will have an opportunity to reflect on experience and gain practical skills and tools to help you sustain a compassionate approach without being ground down.

Training Objectives

At the end of the course participants will be more aware of the academic literature as well as a range of world views about compassion, have an understanding of the importance of mutually human vulnerable space and developed their own essentials to enact compassionate care for self and others.

Date	Tuesday 26 th February 2019 AM Wednesday 3 rd April 2019 AM Wednesday 15 th May 2019 PM Wednesday 3 rd July 2019 AM Wednesday 28 th August 2019 PM Wednesday 16 th October 2019 AM Wednesday 20 th November 2019 PM
Duration	3 hours, AM 9.00am - 12md OR PM 1.00pm - 4.00pm
Cost	No cost - Course Code - NA
Venue	Education Centre
Facilitator	Sande Ramage
Target Audience	All health professionals, especially those in front line, patient centred environments.
Pre-requisite/ Eligibility	NIL

Difficult Conversations: our stories can help

Course code - NA

Aims/Purpose of the Programme

To help health professionals explore the stories people live by, understand the importance of that and develop techniques to help the process of having difficult conversations in health care.

Content of Programme

We explore the importance of stories in people's lives, how those stories help construct meaning and purpose, and how the process of suffering can add another dimension to that narrative.

We also reflect on how health practitioners can be significantly affected by the process of having difficult conversations. You will have an opportunity to reflect on experience and gain practical skills and tools to help you build a compassionate approach to having difficult conversations.

Training Objectives

At the end of the course participants will have a deeper appreciation of the complexities of having difficult conversations and how they can help improve patient experience through an engaged and compassionate approach to hearing the stories that matter most to people.

Date	Wednesday 13 th March 2 019 AM Tuesday 16 th April 2019 PM Tuesday 11 th June 2019 PM Tuesday 23 rd July 2019 AM Tuesday 10 th September 2019 PM Tuesday 29 th October 2019 PM
Duration	3 hours, AM 9.00am - 12md OR PM 1.00pm - 4.00pm
Cost	No cost - Course Code - NA
Venue	Education Centre
Facilitator	Sande Ramage
Target Audience	All health professionals, especially those in front line, patient centred environments.
Pre-requisite/ Eligibility	NIL

Leadership Development

Course code - AA

Aims/Purpose of the Programme

The Leadership Development programme focuses on building a strong foundation of self-leadership skills and leadership tactics for your toolkit. The philosophy embedded throughout this programme is that it is critical you lead yourself before you lead other people. The Leadership Development programme has been designed with reference to the Leadership Success Profile developed by the State Service Commission (Appendix 1 and 2)

Content of Programme

All workshop content to be aligned with the SSC Leadership Success Profile:

- Workshop 1 – Self leadership “leading myself before I lead others”
- Workshop 2 – Leading my team
- Workshop 3 – Developing my team
- Workshop 4 – Making it happen (managing work priorities)
- Workshop 5 – Pulling it all together – deliberate values based leadership and Celebratory afternoon tea with Managers invited
- 2 x 45 minute coaching sessions
- 4 x 30min (approx.) Homework to complete between workshops

Date	Workshops Managers wkshp Workshop 1 Workshop 2 Workshop 3 Workshop 4 Workshop 5	7 th August 2019 10 th & 11 th September 2019 26 th September 2019 17 th October 2019 7 th November 2019 27 th November 2019
Duration	5 days, 9.00am - 3.30pm Plus Managers workshop ½ day 9.00am – 1.00pm	
Cost	\$1000.00 incl GST - Course Code - AA	
Venue	Education Centre	
Facilitator	Proven Performance	
Target Audience	Staff in leadership roles with staff reporting to them or people identified as future leaders and those who wish to develop their leadership skills with a view to seeking a leadership role in the future. Those registering must attend all 5 days. Place limited, subject to availability.	
Pre-requisite/ Eligibility	As above, plus the participants Manager must attend the Managers workshop.	

Spirituality in Healthcare

Course code - NA

Aims/Purpose of the Programme

To help health professionals understand MDHB's Transforming Spiritual Care Strategy and how to embed that as an everyday part of clinical practice.

Content of Programme

Spirituality in healthcare is a growing area of interest internationally. This course offers an overview of the current literature, basic spiritual screening tools, an understanding of MDHB's commitment to this area, what is expected of staff and the opportunity to appreciate your own and others' varied ways of making meaning.

Training Objectives

At the end of the course participants will understand more about the art and science of spiritual care, and have developed practical strategies to have basic conversations around what is often seen as a 'can of worms'.

Date	Thursday 14 th February 2019 PM Thursday 28 th March 2019 PM Thursday 2 nd May 2019 AM Thursday 27 th June 2019 AM Thursday 15 th August 2019 PM Thursday 26 th September 2019 AM Thursday 7 th November 2019 AM
Duration	3 hours, AM 9.00am - 12md OR PM 1.00pm - 4.00pm
Cost	No cost - Course Code - NA
Venue	Education Centre
Facilitator	Sande Ramage
Target Audience	All health professionals, especially those in front line, patient centred environments.
Pre-requisite/ Eligibility	NIL

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Advanced Analgesia

Course code - K

Aims/Purpose of the Programme

On completion of this programme the nurse will be able to describe and demonstrate safe, timely and effective care of a person receiving patient controlled, epidural and intrathecal analgesia.

Content of Programme

- Theory and practical demonstration of advanced analgesic techniques and equipment.
- Identify (advanced) pain management techniques
- Describe the nursing care required for patients receiving patient controlled analgesia
- Identify the different nursing care required for patients receiving epidural or intrathecal analgesia
- Demonstrate the correct use of PCA and Epidural pumps utilised at MidCentral District Health Board

Please Note : Essentials of Pain Management is covered from 1pm – 4.30pm on the Thursday of the Nursing Orientation programme. Please see details and dates on page 24.

Date	12 th February 2019 23 rd April 2019 25 th June 2019 6 th August 2019 22 nd October 2019 26 th November 2019
Duration	3.5 hours, 1.30pm - 4.30pm
Cost	\$75.00 incl GST - Course Code - K
Venue	Education Centre, Palmerston North Hospital
Facilitator	ICU Anaesthetics
Target Audience	Registered Nurses and Midwives requiring Second Level certification in Epidural, Intrathecal, PCA.
Pre-requisite/ Eligibility	Registered Nurses & Midwives with first level IV certification plus three months experience.

Advancing Enrolled Nurse Practice Part C

Course code - NA

Aims/Purpose of the Programme

To provide the opportunity for Enrolled Nurses to develop the knowledge and clinical skills required to contribute to the nursing assessment, care planning, implementation and evaluation of adult patients in relation to: Food and Fluid Management

Content of the Programme

- Oral hygiene requirements.
- Nutritional assessment and action plans.
- Safe administration of enteral feeds
- Understanding fluid and electrolyte balance
- Renal considerations
- Nutritional requirements
- Consideration of the effects of aging on food and fluid management

Training Objectives

The participant will at the successful conclusion of the education programme be equipped to deliver nursing care and health education in relation to food and fluid management under the direction and delegation of the Registered Nurse.

Reference to MDHB Documents

MDHB-127 Direction and Delegation of Care Related Activities to Enrolled Nurses, Care Assistants and Family/Whanau [Policy]

MDHB-5172 Nursing Performance Development (Policy)

MDHB-4999 Clinical Governance Framework – MidCentral Health (Resource Document)

Date	6 th June 2019 29 th August 2019
Cost	No cost - Course Code - NA
Duration	8 Hours, 8.00am – 4.30pm
Venue	Education Centre, Palmerston North Hospital
Facilitators	Barbara Smith, Marise Clark
Target Audience	Enrolled Nurses
Pre-requisite/ Eligibility	Current APC as an Enrolled Nurse

Aromatawai (Cultural Assessment)

Course code - NA

Aims/Purpose of the Programme

Aromatawai is an effective cultural assessment tool that communicates and explores the cultural needs of Tangata Whaiora and their Whanau within a Maori framework in Mental Health.

Content of Programme

- What is an Aromatawai
- What does an Aromatawai look like
- How is this implemented into clinical practice
- Who can administer this assessment tool

Training Objectives

The participant will at the successful conclusion of the session have a better understanding of what an Aromatawai is and how this differs from a standard Mental Health and Addiction assessment.

Date	7 th March 2019 24 th October 2019
Duration	2 hours – 1.00pm –3.00pm
Cost	No cost - Course Code - NA
Venue	Education Centre, Palmerston North Hospital
Facilitator	Oranga Hinengaro Maori Mental Health Services
Target Audience	Mental Health & Addiction Service - NGO's
Pre-requisite/ Eligibility	Nil

Breastfeeding Study Day

Course code - F

Aims/Purpose of the Programme

To improve breastfeeding outcomes by providing staff with the skills to support breastfeeding women.

Content of Programme

- Breastfeeding Cycle
- Pregnancy & Diabetes
- Ankyloglossia
- Cultural Diversity & Breastfeeding
- Compromised Baby
- Failure to Thrive

Training Objectives

The participant will at the successful conclusion of the session:

- Understand the breastfeeding cycle, antenatal, intrapartum and postnatal.
- Recognize normal processes in breastfeeding and lactation
- Recognize risks associated with diabetes in pregnancy and the potential impact on breastfeeding and lactation
- Recognize the impact ankyloglossia has on breastfeeding
- Understanding of failure to thrive and factors contributing to failure to thrive and management
- Understanding of the compromised baby and recognise at risk infants and management
- Recognize cultural diversity among breastfeeding women

Date	25 th March 2019 27 th May 2019 - Cancelled 29 th July 2019 - New 19 th August 2019 21 st October 2019
Duration	7.5 hours , 8.30am – 4.30pm
Cost	\$135 incl GST - Course Code – F STUDENTS - \$70 incl GST - Course Code – F
Venue	Education Centre, Palmerston North Hospital
Facilitator	Annette Anderson, Margaret Fisher and Maria Brown
Target Audience	LMC, Midwives, Nurse, GP and Community Breastfeeding Support People eg Child birth educators, Well child providers.
Pre-requisite/ Eligibility	Basic Breastfeeding Knowledge, Pre readings / Quiz completed before the day.

CALD Cultural Competency and Working with Interpreters

Course code - NA

Aims/Purpose of the Programme

The aim of the course is to increase your awareness of your own cultural values and of others; to improve your understanding of how cross cultural differences, expectations and beliefs about illness and disability can affect communication, consultation and diagnosis; and to improve your skills working with interpreters and CALD patients.

Content of Programme

This course has been created as an introduction to building cultural competence when working with CALD migrant and refugee patients from Asian, Middle Eastern and African backgrounds and with Interpreters. It is a combination of the following courses from the CALD Cultural Competency Training Programme:

- CALD 1 Culture and Cultural Competency
- CALD 4 Working with Interpreters

Training Objectives

- Gain skills on how to apply the four elements of cultural competency (awareness, knowledge, sensitivity and skills) in practice to develop cultural competency.
- Gain skills on how to work with effectively with Interpreters; including pre-briefing, structuring a session and de-briefing.

On completing this course you will develop skills in cultural competency, and become aware of how assumptions, interpretations and judgements impact on how we communicate and understand our CALD patients/clients during consultations.

References

www.ecald.com

Date	7 th March 2019 18 th June 2019 11 th September 2019 31 st October 2019
Duration	4 hours – 8.30am – 12.30pm
Cost	No cost - Course Code - NA
Venue	Education Centre, Palmerston North Hospital
Facilitator	eCald Trainers
Target Audience	It is intended for anyone working in secondary care, primary care or mental health services.
Pre-requisite/ Eligibility	Nil

CALD Working with Refugee Patients

Course code - NA

Aims/Purpose of the Programme

The aim of this course is to increase your awareness of the settlement challenges faced by refugees; to help you work better with a refugee patient during a consultation; and to guide you on how to respond to the traumatic experiences a refugee patient may have endured.

Content of Programme

This course is intended for anyone working in secondary care, primary care or mental health services who want to work more effectively with refugee patients/clients. Very few refugees emerge from their experiences without having endured or witnessed some form of physical and/or psychological trauma.

Training Objectives

- Demonstrate an understanding of pre and post-settlement challenges for refugees.
- Gain awareness of some physical and mental health challenges for refugees.
- Demonstrate ability to handle sensitive issues (FCG and torture and trauma) with refugees.
- Demonstrate ability to use strengths of refugees in interventions.
- Integrate learning on CALD clients in role plays.

On completing this course you will have a better understanding of how the 'refugee experience' has long-term physical and psychological impacts on refugees resettled in New Zealand; and have developed new skills on how to use strengths-based interventions in planning care with refugee patients and their families.

References

www.ecald.com

Date	7 th March 2019 31 st October 2019
Duration	4 hours – 1.00am – 5.00pm
Cost	No cost - Course Code - NA
Venue	Education Centre, Palmerston North Hospital
Facilitator	eCald Trainers
Target Audience	Health professionals working in secondary care, primary care and NGO health sectors who are providing services to refugee patients.
Pre-requisite/ Eligibility	CALD 1 Culture and Cultural Competency (pre-requisite); CALD 4 Working with Interpreters (highly recommended).

CALD Working with Religious Diversity

Course code - NA

Aims/Purpose of the Programme

The aim of this course is to build the skills and understandings needed for health practitioners to develop religio-cultural competency.

Content of Programme

This course is intended for anyone working in secondary care, primary care or mental health services. Faith and religion is one of the most significant components of cultural practice, and religious beliefs can have a critical impact on a patient and their family's healthcare decisions.

Training Objectives

- Gain an understanding for developing religio-cultural competence practice when working with CALD patients of different faiths and religious practices
- Gain knowledge about selected religious beliefs and practices, and the affect they have on health, behaviour, and wellness.
- Develop skills to enhance interventions and treatment compliance.
- Know how to raise religion in a sensitive manner to gather the information needed to aid effective healthcare.

On completing this course you will have more knowledge about a range of religious beliefs and practices from Islam, Sikhism, Hinduism and Buddhism. You will have a better understanding of the influence of religious beliefs on patients and their families' health, behaviour, and wellness; and have developed new skills to enhance your health interventions and patient compliance with treatment plans.

References

www.ecald.com

Date	18 th June 2019 11 th September 2019
Duration	4 hours – 1.00am – 5.00pm
Cost	No cost - Course Code - NA
Venue	Education Centre, Palmerston North Hospital
Facilitator	eCald Trainers
Target Audience	Health professionals working in secondary care, primary care and NGO health sectors who are providing services to refugee patients.
Pre-requisite/ Eligibility	CALD 1 Culture and Cultural Competency (pre-requisite); CALD 4 Working with Interpreters (highly recommended).

Certificate of Resuscitation (CORE Advanced)

Course code - M

Aims/Purpose of the Programme

The objective of CORE Advanced is to ensure that all health professionals in NZ, have the opportunity to acquire the basic minimum skills and knowledge, that would be needed for the early management of common illnesses and injuries that threaten life'. (NZ Resuscitation Council, 2016)

Content of Programme

The CORE Advanced course is a 9 hour programme that presents CORE cases covering respiratory arrest, pulseless ventricular fibrillation/ventricular tachycardia (VF/VT) treated with Manual Defibrillation and A.E.D, VF/VT Refractory VF to initial defibrillation, pulseless electrical activity, asystole, bradycardia and hypovolaemia.

Training Objectives

The participant will, by the end of the programme, be able to:

- recognise the seriously ill adult and manage adult collapse, with a focus on early defibrillation
- recognise the seriously ill child and manage childhood collapse, with a focus on early ventilation and oxygenation'
- understand the generic approach to the early management of trauma.
- apply early management of common, treatable conditions that may deteriorate into cardio-pulmonary arrest
- develop teamwork, and respect and understanding between health professional groups who manage crisis situations

Note: Three weeks notice is required to attend this course

Date	16 January 2019 13 February 2019 20 February 2019 13 March 2019 10 April 2019 8 May 2019 22 May 2019	5 June 2019 12 June 2019 24 July 2019 7 August 2019 21 August 2019 11 September 2019 25 September 2019	16 October 2019 23 October 2019 6 November 2019 13 November 2019 20 November 2019 18 December 2019
Duration	8.5 hours, 7.45am – 5.00pm		
Cost	\$345.00 incl GST - Course Code - M		
Venue	Education Centre, Palmerston North Hospital		
Facilitator	Steve Jenkins, Resuscitation Department		
Target Audience	all medical providers such as Physicians, Registrars, House Surgeons and other professionals whose jobs require completion of a written evaluation and successful skill performance		
Pre-requisite/ Eligibility	Health Care Professionals. 'Resuscitation – A guide for Advanced Rescuers' –can be borrowed from the Clinical Library.		

Clinical Risk Formulation

Course code - NA

Aims/Purpose of the Programme

- To increase skills and knowledge in assessment of clinical risk issues and appropriate interventions for managing risk.
- To examine risk management techniques as they apply to Mental Health & Addiction Service practice areas.
- To explore and document risk assessments and management plan using the relevant frameworks
- To enable greater understanding of appropriate interventions for managing risk.

Content of Programme

- A brief history of risk, the context of risk as part of good clinical practice
- Frameworks for risk assessment, Legislation
- Risk formulation, risk management
- Reviewing case studies, Co-existing Problems
- Assessment tools & strategies-Risk benefit analysis

Training Objectives

The participant will, at the successful conclusion of the session, be able to

- discuss the factors that impact on risk assessment and management within their work setting
- articulate sound risk management techniques as they apply to their practice areas
- demonstrate their ability to apply these techniques to clinical situations
- document their risk assessment and management plan using the relevant frameworks

Reference to MDHB Documents

MDHB-255 Risk Assessment Documentation Policy

MDHB-754 Risk Assessment (Form)

MDHB-751 History of Events register (Form)

Date	21 st February 2019 23 rd May 2019 22 nd August 2019 28 th November 2019
Duration	1 day – 8.30am – 3.00pm
Cost	No cost - Course Code - NA
Venue	Education Centre, Palmerston North Hospital
Facilitator	Mental Health & Addiction Services
Target Audience	MH & Addiction Practitioners working towards Coexisting Capable recognition - NGO's
Pre-requisite/ Eligibility	Nil

Coexisting Problem Workshop

Course code - NA

Aims/Purpose of the Programme

- To enable greater understanding of the nature and extent of problems where both mental health and substance use are present.
- To utilize information gleaned in assessment, of how mental health and substance use may have interacted.
- To explore latest models of care for a client with a Coexisting Mental Health & Substance Use problem e.g. Bipolar and Alcohol Abuse/Dependence.
- Application of the Te Pou Coexisting skills competency framework [Te Whare o Tiki] and MoH Coexisting Guidelines [Te Ariari o te Oranga] will be incorporated.

Content of Programme

- What constitutes a comprehensive coexisting assessment (Te Ariari o te Oranga, MOH, 2010)
- Assessment tools & strategies
- Clinical meaning of substance use presentations in mental health service users
- What is a formulation
- Possible interactions of common coexisting presentations
- Potential interactions of substances & medications
- Integration of treatments specific to MH problem and the substance use problem
- How harm reduction strategies can be applied

Training Objectives

The participant will at the successful conclusion of the module:

- Expand their assessment toolbox to gather information on substance use and on mental health.
- Inform the most appropriate management plan and treatment goals.
- Have an understanding of relationships between substance use and mental health and how that may have developed.
- Have an overview of the knowledge and skills associated with the management phase of care for a Coexisting problem, using a case study example.

Date	19 th March 2019 12 th November 2019
Duration	1 day – 9.00am – 4.00pm
Cost	No cost - Course Code - NA
Venue	Education Centre, Palmerston North Hospital
Facilitator	Mental Health Services
Target Audience	MH & Addiction Practitioners working towards Coexisting Capable recognition - NGO's
Pre-requisite/ Eligibility	Nil

Combined Midwifery skills day

Course code - A

Aims/Purpose of the Programme

Gives midwives the opportunity to practise and refresh on resuscitation techniques. Course designed to meet requirements of Midwifery Council recertification programme for midwives, compulsory annual education for midwives.

Content of Programme

Maternal Collapse, Newborn resuscitation, childbirth emergencies including bleeding, shoulder dystocia, breech, cord prolapse.

Training Objectives

Meet Midwifery Council Annual Practising Certificate requirements.

Note: Midwifery Registration see separate registration form

Date	11 th February 2019 8 th April 2019 6 th May 2019 10 th June 2019 1 st July 2019 5 th August 2019 9 th September 2019 4 th November 2019 9 th December 2019
Duration	8 hours, 8.00am – 4.30pm
Cost	WDHB Employed Midwives – No cost \$150.00 incl GST - Course Code - A
Venue	Education Centre, Palmerston North Hospital
Facilitator	Carole Collins and Steve Jenkins
Target Audience	Midwives (Core and LMC)
Pre-requisite/ Eligibility	Prereading to be completed prior to the day, sent out by facilitator.

Combined Preceptorship and Assessing in Practice

Course code - L

Aims/Purpose of the Programme

To gain basic skills for assessing the performance of health professionals in the practice against set standards.

Content of the Programme

- Enhance nurses' knowledge and understanding of preceptorship and assessing in practice.
- Identify the roles and responsibilities of the preceptor and preceptee.
- Identify effective communication strategies.
- Explore ways to assess and manage under performance.
- Identify the assessment process, tools and application in context.
- Giving appropriate feedback

Training Objectives

Enhance nurses' knowledge and understanding of preceptorship and assessing in practice. For participants that choose to go on to become Assessors in Practice, at the successful conclusion of the programme, be able to prepare for and conduct appropriate assessments in the practice settings, against set standards or criteria, and complete the required documentation.

Resource documents

MDHB-127 Direction and Delegation of Care Related Activities to Enrolled Nurses, Care Assistants and Family/Whanau [Policy]
MDHB-1254 Preceptorship of Nurses at MidCentral Health [Guideline]
MDHB -4174 Audit - Nursing: Clinical Standards of Care [Form]
MDHB-5172 Nursing Performance Development (Policy)
MDHB-4710 Nursing Competence Assurance under the Health Practitioners Competence Assurance ACT 2003

Date	Thursday 28 th Feb 2019 Thursday 18 th April 2019 Tuesday 4 th June 2019	Thursday 29 th August 2019 Thursday 21 st November 2019
Duration	7.5 hours, 8.30am – 4.30pm	
Cost	\$150.00 incl GST - Course Code - L	
Venue	Education Centre, Palmerston North Hospital	
Facilitators	Tim Richards	
Target Audience	All Nurses and Midwives at MidCentral District Health Board who preceptor students and new staff and assess peers in the workplace against standards.	
Pre-requisite/ Eligibility	Combined Preceptorship and Assessing in Practice resource book to be available to participants to print off before attending the day. Registered Nurses within MidCentral Health DHB in their 2nd year nursing experience.	

CORE Resuscitation Skills (Clinical Core)

Course code - R

Aims/Purpose of the Programme

To ensure that all health professionals in NZ, have the opportunity to acquire the basic minimum skills and knowledge, that would be needed for the early management of the collapsed casualty. (NZ Resuscitation Council, 2015).

Content of Programme

Adult, CPR, A.E.D. and basic airway management techniques.

Training Objectives

The participant will, by the end of the programme, have an understanding and be able to demonstrate skills at a level required by the NZRC for registered health practitioners (Core Immediate)

Reference to MDHB Documents

You must pick up and read the 'Resuscitation - A Guide for Health Professionals' from the Library prior to attending the course.

Date	22 nd January 2019 AM 22 nd January 2019 PM 29 th January 2019 AM 12 th February 2019 AM 26 th February 2019 AM 26 th February 2019 PM 5 th March 2019 AM 2 nd April 2019 AM 9 th April 2019 AM 19 th April 2019 PM 23 rd April 2019 AM 23 rd April 2019 PM 30 th April 2019 AM 21 st May 2019 AM 21 st May 2019 PM 28 th May 2019 AM 25 th June 2019 AM	23 rd July 2019 AM 30 th July 2019 AM 30 th July 2019 PM 20 th August 2019 AM 27 th August 2019 AM 27 th August 2019 PM 10 th September 2019 AM 10 th September 2019 PM 17 th September 2019 AM 8 th October 2019 AM 8 th October 2019 PM 15 th October 2019 AM 29 th October 2019 AM 29 th October 2019 PM 12 th November 2019 AM 26 th November 2019 AM 26 th November 2019 PM 10 th December 2019 AM
Duration	3 hours, 9.00am–12.00pm (AM) 1.00pm–4.00pm (PM)	
Cost	\$100.00 incl GST - Course Code - R	
Venue	Education Centre, Palmerston North Hospital	
Facilitator	Steve Jenkins, Resuscitation Department	
Target Audience	Any registered health professional that requires C.P.R. as evidence of their annual competencies for example – Registered Nurses, Vaccinator nurses, practice nurses etc.	
Pre-requisite/ Eligibility	Pre-reading - Resuscitation - A Guide for Health Professionals - available from the Clinical Library	

Early Intervention in Psychosis

Course code - NA

Aims/Purpose of the Programme

To enable a greater understanding of how to support clients with significant co-existing alcohol & drug issues during a first episode of psychosis.

Content of Programme

- Using a case study approach we will look at assessment and treatment of psychosis.
- Frameworks used to comprehensively assess co-existing problems.
- Examine the Equally Well initiative endorsed by CCDHB, Hawkes Bay and Whanganui DHBs.
- How to track changes in physical health markers.
- To explain how to develop a wellness program which include behavioural therapy, physical activity and healthy lifestyle counselling.

Training Objectives

The participant will at the successful conclusion of the module:

- Expand their knowledge on assessment and treatment of psychosis
- Utilise frameworks to assess clients with co-existing problems.
- Have an understanding of the Equally Well initiative and be able to put this into their practice setting.
- To have an understanding of physical health markers.

Date	As required, TBA
Duration	1 Day – 10.00am – 3.00pm
Cost	No cost - Course Code - NA
Venue	Education Centre, Palmerston North Hospital
Facilitator	Mental Health Services
Target Audience	Mental Health & Addiction Services, NGO staff
Pre-requisite/ Eligibility	Nil

Eating Disorders – Assessment and Management Overview of Treatment

Course code - NA

Aims/Purpose of the Programme

- To have an understanding of the principles, priorities and models used in treatment for clients with eating disorders.
- To enable clinicians to complete a basic eating disorder assessment.
- To enable greater understanding of the range of eating disorder diagnosis.
- To explore the medical and psychiatric risks associated with eating disorders.

Content of Programme

- How to complete an eating disorder assessment.
- Case study discussions.
- Exploring the current eating disorder diagnoses.
- Complete a basic assessment for eating disorders.
- Identifying the medical and psychiatric risks of eating disorders.
- An overview of principles, priorities and models used in treatment.
- The referral pathway for eating disorder referrals across youth and adult mental health and addiction services.

Training Objectives

The participant will, by the end of the programme, be able to:

- Describe the current eating disorder diagnoses.
- Complete a basic assessment for eating disorders.
- Name specific medical and psychiatric risks of eating disorders.
- Understand the principles, priorities and models used in treatment for clients with eating disorders.
- Refer a client to the appropriate pathway for eating disorder referrals across youth and adult mental health and addiction services.

Date	26 th March 2019 12 th September 2019
Duration	2.5 hours – 9.00am – 11.30am
Cost	No cost - Course Code - NA
Venue	Education Centre, Palmerston North Hospital
Facilitator	Mental Health and Addiction Services
Target Audience	Mental health and Addiction Service staff; NGO's
Pre-requisite/ Eligibility	Nil

Essentials of Pain Management

Course code - P

Aims/Purpose of the Programme

The nurse-midwife will be able to:

- Describe physiology to rationalise analgesic interventions and demonstrate comprehensive pain assessment.
- Demonstrate competence in IV opioid administration

Content of Programme

- Assessment of pain.
- Pathophysiology of pain
- Education on IV Opioid administration

Training Objectives

Generic pain management

At the completion of this programme the nurse will be able to:

- Define chronic/acute pain
- Describe the pathophysiology of pain
- Identify and integrate the components of pain assessment
- Identify and describe the mechanisms of action for medications most commonly utilised in acute pain management
- Identify the side effects of opioids
- Complete the educational component of the IV opioids certification process

Date	31 st January 2019 14 th February 2019 7 th March 2019 4 th April 2019 2 nd May 2019 30 th May 2019 27 th June 2019	25 th July 2019 22 nd August 2019 19 th September 2019 17 th October 2019 14 th November 2019 12 th December 2019
Duration	3.5 hours, 1.00pm – 4.30pm	
Cost	\$75.00 incl GST - Course Code - P	
Venue	Education Centre, Palmerston North Hospital	
Facilitator	Nurse Practitioner Pain Management or Acute Pain Clinical Nurse Specialists	
Target Audience	Registered Nurses and Midwives requiring Second Level IV Opioid administration	
Pre-requisite/ Eligibility	Registered Nurses & Midwives with Fundamental IV certification plus three months experience.	

Fetal Surveillance Education Programme (FSEP)

Course code - D

Aims/Purpose of the Programme

FSEP teaches practitioners how to understand fetal physiology and how this effects the CTG trace.

Content of Programme

Normal CTG, abnormal CTG, interpretation and management, fetal blood sampling, lactate sampling, maternal monitoring, the whole clinical picture.

Training Objectives

The participant will at the successful conclusion of the course be able to demonstrate a comprehensive understanding of fetal surveillance.

Note: Midwifery Registration see separate registration form

Date	Wednesday 29 th May 2019
Duration	1 day, 7.30am - 3.30pm
Cost	WDHB Employee midwives – No cost MDHB/WDHB LMC's - \$30.00 incl GST All others - \$175.00 incl GST Course Code – D
Venue	Education Centre, Palmerston North Hospital
Facilitator	RANZCOG Educator
Target Audience	Multi-disciplinary audience, midwives and doctors.
Pre-requisite/ Eligibility	Pre-reading-Fetal Surveillance: a practical guide (2009) RANZCOG, available for purchase from RANZCOG website or to loan from Centennial Clinical Library. Or OFSEP (online fetal surveillance education available at http://www.fsep.edu.au)

FRaMe Model for Case Management-Skills for Working Therapeutically with Complex

Course code - NA

Aims/Purpose of the Programme

To enable clinicians to be able to work as effectively as possible with this client group.

Content of Programme

FRaMe Model for Case Management-skills for working therapeutically with complex clients follows on from Framing Personality and describes a model of care that provides a structure and practical tools for working with clients with emotional dysregulation. It is advised that participants contact Michela Fox if they wish to do this course and did not attend Framing Personality workshop.

Training Objectives

The participant will at the successful conclusion of the course be able to more effectively provide treatment and case management for clients that have complex issues.

Date	18 th June 2019
Duration	8 hours, 9.00am – 5.00pm
Cost	No cost - Course Code - NA
Venue	Education Centre, Palmerston North Hospital
Facilitator	Michela Fox
Target Audience	Mental Health and Addiction Service staff.
Pre-requisite/ Eligibility	Nil

Integrated Pain Management Study Day

Course code - NA

Aims/Purpose of the Programme

An interdisciplinary forum intended to promote the care of people experiencing pain within our community.

Content of Programme

- A patients reflection
- Anatomy and physiology of pain
- Pain assessment
- Depression, anxiety and pain
- Spirituality and pain
- Pharmacological pain management
- Patient education
- Complex pain presentations

Training Objectives

At the completion of this study day the learner will be able to:

- Reflect on pain from a personal perspective
- Demonstrate an understanding of holistic pain assessment, problem/strength identification, planning and evaluation of patients with altered comfort
- Identify individualized strategies for improving patient comfort
- Describe the pharmacology, action, side effects of commonly utilized analgesics
- Identify tools to assist in planning patient pain management care in partnership
- Demonstrate knowledge of legislation and ethical decision making
- Identify local networks to assist in caring for the person experiencing pain

Date	22 nd May 2019 23 rd October 2019
Duration	1 day, 8.30am – 4.30pm
Cost	No cost - Course Code - NA
Venue	Education Centre, Palmerston North Hospital
Facilitator	Pain Team
Target Audience	All MDHB employees and Primary Health professionals, including MDHB providers and NGO's
Pre-requisite/ Eligibility	Nil

Introduction to Clinical Supervision for Supervisees

Course code - NA

Aims/Purpose of the Programme

Supervision in Health work environments is a process commonly used to enhance professional and personal competence. For this process to be effective both the Supervisors and Supervisees need to have a shared understanding of what is involved in Supervision. The objective of this programme is for supervisees to have enhanced knowledge of the supervision process to enable them to make the most of supervision.

Content of Programme

The “Introduction to Supervision for Supervisees” is a three hour programme that reviews the existing knowledge of supervision and participants experiences of supervision. There will be discussion of the supervision process and roles of the supervisor and supervisees. There will be some experimentation of strategies for making effective use of supervision. The barriers to effective supervision will be explored and the process of how to negotiate supervision contracts/agreements.

Training Objectives

The participant will, by the end of the programme, be able to:

- Understand the whole process of supervision
- Recognise how supervision underpins professional competency in practice
- Recognise the separate roles of supervisee and supervisors
- Have a range of ideas on how to make effective use of supervision
- Recognise and decrease any barriers in supervision
- Negotiate a supervision contract/agreement with their supervisor.

Reference Documents

MDHB-260 Professional Clinical Supervision Policy
MDHB-4979 Allied Health Clinical Supervision Policy

Date	22 nd February 2019 28 th August 2019
Duration	3 hours – 9.00am – 12.00pm
Cost	No cost - Course Code - NA
Venue	Education Centre, Palmerston North Hospital
Facilitator	Mental Health and Addiction Services
Target Audience	All Clinicians, not intended for admin staff - NGO's
Pre-requisite/ Eligibility	Staff must be working in clinical practice.

Introduction to Mental Health Act

Course code - NA

Aims/Purpose of the Programme

- To provide an overview of the Mental Health (Compulsory Assessment and Treatment)Act 1992.
- To explore the process of applying the Act.
- For staff to understand their obligations and responsibilities in relation to the Mental Health Act.
- To enable a greater understanding of patients and family/whanau rights and responsibilities when the Mental Health Act is required.

Content of Programme

- An examination of the Mental Health Act process.
- The sectioning process and the accompanying legal paperwork.
- To look at the patient rights in relation to the Mental Health Act.
- An explanation of the legal definitions of mentally disordered as contained within the Act.

Training Objectives

The participant will, by the end of the programme, be able to:

- Articulate the statutory definition of Mental Disorder as it applies to the Mental Health Act '92 and amendment '99.
- Identify who to contact in MidCentral DHB for advice regarding MHA '92 matters, and have an awareness of the legal requirements that is the DAO role in the process of application to assessment under the terms of the Act.
- Describe the rights of patients who are subject to the MHA
- Understand the implications associated with CTO – Compulsory Treatment Order.

Reference Documents

MDHB-255 Risk Assessment Documentation

Date	14 th March 2019 26 th September 2019
Duration	3 hours – 1.00pm – 4.00pm
Cost	No cost - Course Code - NA
Venue	Education Centre, Palmerston North Hospital
Facilitator	Mental Health & Addiction Services
Target Audience	Interested MDHB & NGO staff
Pre-requisite/ Eligibility	Nil

IV Cannulation & IV Venepuncture

Course code - Q

Aims/Purpose of the Programme

The learner will understand the theory necessary to perform intravenous cannulation, as part of their practice at MidCentral District Health Board.

Content of Programme

- Anatomy and physiology of the vein
- Cannulation technique
- Venepuncture technique
- Care and maintenance of a peripheral catheter
- Practical session

Training Objectives

Health Practitioners who have successfully completed the programme, will be competent at peripheral intravenous cannulation and intravenous venepuncture in their work area within MidCentral District Health Board.

Date	Thursday 28 th February 2019 Thursday 28 th March 2019 Thursday 9 th May 2019 Thursday 6 th June 2019 Thursday 4 th July 2019 Thursday 8 th August 2019 Thursday 12 th September Thursday 24 th October 2019 Thursday 28 th November 2019
Duration	Half day, 8.30am – 12.00noon
Cost	\$150.00 incl GST - Course Code - Q
Venue	Education Centre, Palmerston North Hospital
Facilitator	Catharine O'Hara, Clinical Nurse Specialist IV Therapy
Target Audience	Registered Nurses/Midwives /Technicians who have identified intravenous cannulation and venepuncture as an identified learning need for their role.
Pre-requisite/ Eligibility	Registered Nurses or Midwives who have completed Fundamental IV Certification or identified in position description.

Mental Status Examination Assessment

Course code - NA

Aims/Purpose of the Programme

- To enable greater understanding of how to conduct a mental status examination.
- To explore the models to undertake a mental status examination.
- To ensure that there is an understanding of what is assessed during a mental health assessment.

Content of Programme

- The Mental Status Examination framework.
- Case studies to discuss symptoms and how they help inform a diagnosis.
- DSM IV diagnosis and how this is established.
- Mental health assessments and processes.

Training Objectives

The participant will, by the end of the programme, be able to:

- Articulate what is Mental Status Examination framework.
- Conduct a mental status examination, report and document findings.
- Recognise this process and support the needs of consumer / Tangata Whaiora and family / whanau in the process of Mental Status Examination.

Date	1 st March 2019 25 th September 2019
Duration	3 hours – 9.00am – 12.00pm
Cost	No cost - Course Code - NA
Venue	Education Centre, Palmerston North Hospital
Facilitator	Mental Health and Addiction Services
Target Audience	Interested MDHB & NGO staff
Pre-requisite/ Eligibility	Nil

Newborn Life Support

Course code - C

Aims/Purpose of the Programme

This course gives healthcare professionals knowledge and skills for the standard management of a newborn collapse.

Content of Programme

The course concentrates on the importance of practical airway management, ventilatory support, circulatory support and temperature control.

Learning Objectives

The participant will be able to:

- Perform competent newborn life support following the New Zealand resuscitation council guidelines
- Understand the process for initial resuscitation of all infants including the preterm.
- Gain knowledge of newborn physiology as it relates to resuscitation

Note: Midwifery Registration see separate registration form

Date	Wednesday 30 th January 2019 Monday March 11 th 2019 Wednesday May 15 th 2019 Friday 20 th September 2019 Monday 18 th November 2019
Duration	1 day, 8.30am to 4.30pm
Cost	WDHB Employed Midwives – No cost MDHB/WDHB LMC's - \$30.00 incl GST All others - \$150.00 incl GST Course Code – C
Venue	Education Centre, Palmerston North Hospital
Facilitator	Steve Jenkins,
Target Audience	Junior Doctors, Registered Nurses and Midwives
Pre-requisite/ Eligibility	Please read section 13: neonatal guidelines. http://www.nzrc.org.nz/guidelines/ Pre-reading Quiz to be sent out on confirmation of registration

Paediatric Life Support (One day advanced)

Course code - S

Aims/Purpose of the Programme

To enable staff to increase confidence in dealing with seriously unwell or injured children. Teach a structured team approach to resuscitation

Content of Programme

- Lectures
- Arrest Management
- Skill training
- Scenario training in seriously ill /injured infants/children.

Training Objectives

The participant will at the successful conclusion of the day have a structured approach to dealing with the seriously ill/injured child.

Date	Monday 4 th February 2019 Thursday 23 rd May 2019 Friday 18 th October 2019 Wednesday 27 th November 2019
Duration	1 day, 8.00am to 5.00pm
Cost	\$80.00 incl GST - Course Code – S
Venue	Education Centre, Palmerston North Hospital
Facilitator	Dr Nigel Orr
Target Audience	Medical and Nursing staff dealing with unwell children.
Pre-requisite/ Eligibility	Please read section 12: Paediatric Advanced Life Support Guidelines. http://www.nzrc.org.nz/guidelines/ Pre-reading to be sent out on confirmation of registration

Pain Management Forum

Course code - NA

Aims/Purpose of the Programme

- To promote safe timely and effective pain management.
- To promote interdisciplinary communication & critical thinking related to pain management.

Content of the Programme

A series of topics related to improving pain management.

Flyers advertising the topic and speaker each month will be distributed prior.

Training Objectives

The monthly speaker will identify objectives related to their subject in keeping with the aim of Pain Management forums identified above.

No registration required.

Date	20 th February 2019 20 th March 2019 17 th April 2019 15 th May 2019 19 th June 2019 17 th July 2019	21 st August 2019 18 th September 2019 16 th October 2019 20 th November 2019
Duration	1 hour, 2.00pm – 3.00pm	
Cost	No cost - Course Code -NA	
Venue	Lecture Theatre, Palmerston North Hospital	
Facilitators	Pain Management Team	
Target Audience	All relevant clinical and support staff	
Pre-requisite/ Eligibility	Nil	

Palliative Care: Beyond the basics for nurses

Course code - NA

Aims/Purpose of the Programme

To expand nurses knowledge and understanding of palliative care approaches and practices. Including

- Symptom management
- Communication skills (difficult critical and crucial conversations)
- Ethics in clinical practice

Content of Programme

This study day will include multidisciplinary speakers and require attendees active participation

- Focus on selected symptoms (including pain), pharmacological and non-pharmacological interventions
- Communication
- Ethics – focus on selected ethical issue(s) and this will overlap and interface with symptom management and communication

Training Objectives

- To build on participants previous palliative care education and experience to enhance the management of nursing care for people with palliative care needs
- To encourage reflective and critical think in the provison of palliative care

Reference Documents

- MDHB 113 Witness of wills and legal documents
- MDHB-148 Return of Body Parts [Procedure]
- MDHB- 6397 Death of a patient MDHB-1225 - Not for Resuscitation (NFR) Order [Policy]
- MDHB-1521 Infection control manual
- MDHB-15 Care of the dying adult
- MDHB-1024 Subcutaneous Infusion via the Niki T34 syringe driver

Date	28 th March 2019
Duration	1 day, 8.30am – 4.30pm
Cost	No cost - Course Code - NA
Venue	Education Centre, Palmerston North Hospital
Facilitator	Pain Team
Target Audience	Registered Nurses and Enrolled Nurses.
Pre-requisite/ Eligibility	Previous palliative care education –i.e. via resource nurse role, NETP programme, the MDHB Palliative and end of life care study day, Fundamentals of palliative care or other palliative care education.

Professional Development & Recognition Programme (PDRP) - Competent

Course code - NA

Aims/Purpose of the Programme

A workshop to educate nurses about PDRP requirements for a Competent portfolio. The session will provide a focus of how nurses can bring together evidence and examples from the clinical setting to support successful completion of a professional portfolio.

Content of Programme

Provide a snapshot of the legal, professional and ethical requirement for nurses to have a professional portfolio.
Identify The model used by MidCentral District Health Board for The PDRP process, levels and time-frames, tools and templates to support the evidence required to demonstrate competency.

Learning Outcomes: To enable nurses to measure and plan their professional development to assist them in the development and presentation of a professional portfolio

Training Objectives

The participant will, at the successful completion of the module, have the knowledge and skills in order to develop their PDRP portfolio; written to Competent level to meet legal, ethical & professional requirements of their job description and the organisation and Nursing Council of New Zealand requirements for annual performance appraisal.

Date	Thursday 24 th January 2019 Wednesday 27 th February 2019 Tuesday 26 th March 2019 Thursday 23 rd May 2019 Tuesday 30 th July 2019 Tuesday 24 th September 2019 Wednesday 20 th November 2019
Duration	3 hours, 1pm - 4pm PM
Cost	No cost - Course Code - NA
Venue	Education Centre, Palmerston North Hospital
Facilitator	Kathryn Fraser
Target Audience	All Nursing staff and Nurse Managers of MidCentral District Health Board
Pre-requisite/ Eligibility	MDHB Health Professionals.

Professional Development & Recognition Programme (PDRP) – Proficient & Expert

Course code - NA

Aims/Purpose of the Programme

A workshop to educate nursing staff of MidCentral District Health Board about PDRP requirements. The session will provide a focus of how nurses can bring together evidence and examples from the clinical setting to support successful completion of a professional portfolio.

Content of Programme

Provide a snapshot of the legal, professional and ethical requirement for nurses to have a professional portfolio. Identify The model used by MidCentral District Health Board for The PDRP process, levels and time-frames, tools and templates to support the evidence required to demonstrate competency

Learning Outcomes: To enable nurses to measure and plan their professional development to assist them in the development and presentation of a professional portfolio

Training Objectives

The participant will, at the successful completion of the module, have the knowledge and skills to develop their PDRP portfolio to meet legal, ethical and professional requirements of their job description and the organisation and Nursing Council of New Zealand requirements for evidence of continuing competence.

Date	Wednesday 20 th February 2019 – PM (EDC) Thursday 21 st February 2019 – AM (EDC) Wednesday 20 th March 2019 – AM (HoM) Tuesday 16 th April 2019– PM (EDC) Wednesday 17 th April 2019 – AM (EDC) Monday 20 th May 2019 – AM (HoM) Wednesday 19 th June 2019 – PM (EDC) Thursday 20 th June 2019 – AM (EDC) Thursday 25 th July 2019 - PM (HoM) Monday 26 th August 2019 – PM (EDC) Tuesday 27 th August 2019– AM (EDC) Wednesday 18 th September 2019 - AM (HoM) Wednesday 23 rd October 2019 – PM (EDC) Thursday 24 th October 2019 – AM (EDC) Thursday 21 st November 2019 – PM (HoM)
Duration	4 hours, 8am – 12md AM OR– 12.30pm - 4.30pm PM
Cost	No cost - Course Code - NA
Venue	Education Centre, Palmerston North Hospital (EDC) OR Health on Main (HoM)
Facilitator	Kathryn Fraser
Target Audience	All Nursing staff and Nurse Managers of MidCentral District Health Board
Pre-requisite/ Eligibility	MDHB Health Professionals.

PROMPT Course

Course code - E

Aims/Purpose of the Programme

Provide an exciting one day multi-disciplinary course, training you to manage obstetric emergencies. The course uses a mixture of lectures and simulated emergencies set in the most realistic environment possible – your delivery suite.

Content of Programme

- Lectures
- Drills

Training Objectives

Gain confidence in working effectively and quickly with your colleagues in a TEAM during obstetric emergencies.

Note: Midwifery Registration see separate registration form

Date	18 th March 2019 24 th June 2019 23 rd September 2019 11 th December 2019
Duration	1 day, 8.30am –4.30pm
Cost	WDHB Employed Midwives - No cost LMC Midwives - \$30.00 incl GST - Course Code – E Doctors - \$200.00 incl GST - Course Code – E
Venue	Maternity, Level 2, C Block, Palmerston North Hospital
Facilitator	Carole Collins
Target Audience	All clinicians responding to obstetric emergencies; especially Midwives, Obstetric doctors (all levels), Anaesthetic doctors (all levels).
Pre-requisite/ Eligibility	Pre-reading is required. PROMPT manual available at the centennial clinical library.

Sensory Modulation

Course code - NA

Aims/Purpose of the Programme

This workshop teaches the theory (neurological and physiological aspects of sensory processing) and practical application, to enable clinicians to provide effective sensory intervention with service users.

- To enable participants to engage in therapeutic practices that may reduce the use of seclusion and restraint in the mental health setting
- To learn a calming response that enables a person to use a sensory coping strategy when experiencing high anxiety or agitation
- To provide training consistent with national guidelines in the delivery of sensory modulation interventions, for the acute inpatient and community mental health settings

Content of Programme

Te Pou sensory modulation workshop focusing on:

- Understanding the research and practice evidence of sensory modulation
- Understanding the physiology of trauma, distress and sensory modulation
- Applying a range of sensory modulation tools in ways that offer choice, empowerment and self management techniques for service users
- Understanding own sensory preferences
- Understanding current policy and procedure to ensure quality of experience and safety of staff and service users
- Case examples and discussion

Training Objectives

The participant will, at the successful conclusion of the workshop, be able to:

- Have an understanding of the principles of sensory modulation
- Apply sensory modulation to practice in a therapeutic manner
- Have an awareness of sensory assessment tools and complete a personal sensory profile

Date	18 th March 2019 17 th September 2019
Duration	1 Day – 9.00am – 3.30pm
Cost	No cost - Course Code - NA
Venue	Education Centre, Palmerston North Hospital
Facilitator	Mental Health Services
Target Audience	All Interested NGO staff
Pre-requisite/ Eligibility	Nil

Supporting Parents Healthy Children: Essential Training (SPHC)

Course code - NA

Aims/Purpose of the Programme

To provide clinicians with a framework for family inclusive care of clients with mental illness and/or addiction who are parents.

Content of Programme

This Essential Level training is also supportive of family inclusive practice/ whanau ora. Staff will have a better understanding of organisations in their community who can support parents of children with mental illness and/or addiction.

Children raised in families with mental illness and/or substance dependence are at risk of adverse health and social outcomes. They may experience higher rates of suicidal ideation, interpersonal and behavioural problems; and through challenges with attachment and family functioning experience poverty, violence, abuse, increased caregiver responsibility etc. The quality of parenting and family interaction is a key mediating variable in these outcomes and international evidence suggests that they respond to interventions if the child population/needs are visible in adult mental health & addiction services. This includes four modules these are:

- Rationale and the SPHC Guideline
- Impacts on children and parenting
- Resources including a panel of parenting organizations
- How to integrate this into my practice using case scenarios

Training Objectives

To raise the issue with clients, to identify impacts on children, and to provide options of assistance.

Reference Documents

Ministry of Health. 2015. Supporting Parents Healthy Children. Wellington. Ministry of Health.

Date	14 th March 2019 12 th April 2019 08 th November 2019
Duration	3 hours, 8.30am-11.30am
Cost	No cost - Course Code - NA
Venue	Education Centre, Palmerston North Hospital
Facilitator	Mental Health Services
Target Audience	Staff in Mental Health & Addiction services in DHB or community.
Pre-requisite/ Eligibility	Nil

Transformational Leadership Programme

Course code - NA

Aims/Purpose of the Programme

The Transformational Leadership Programme focuses on understanding your leadership style and that of others; how to develop and execute a shared vision and strategy; how to lead transformational change by mobilizing others to join and be part of the planned change; the mechanics and dynamics of team leadership and team performance; and the role of improvement in reducing waste and variation.

Content of Programme

- Personality Type and Leadership Development
- Transformational v Transactional Leadership
- Advancing Communication & Narrative for Change.
- Leading Transformational Change
- Leading and Building Healthcare Teams
- Leading performance and service improvement
- Graduation and presentation of Project for leading and managing change

Training Objectives

At the end of the programme the participant will:

- Understand the role of the Transformational Leader
- Be able to create a Narrative for Change
- Identify a range of Performance and Service Improvement tools and the application
- Develop an approach to Leading and Building High Performing Health Care Teams

Date	Module 1 1 st August 8-430pm 2 nd August 830-430pm Module 2 12 th September 830-430pm 13 th September 830-430pm	Module 3 24 th October 8-430pm 25 th October 830-430pm Presentations & Graduation 5 th December 3-6pm
Duration	6.5 days, 51 hours (as above)	
Cost	No cost - Course Code - NA	
Venue	Education Centre, Palmerston North Hospital	
Facilitator	Nursing	
Target Audience	Staff in leadership roles with staff reporting to them or people identified as future leaders and those who wish to develop their leadership skills with a view to seeking a leadership role in the future. Those registering must attend all days.	
Pre-requisite/ Eligibility	Prereading and timetables will be sent prior to each module.	

Values & attitudes – Lets get real

Course code - NA

Aims/Purpose of the Programme

To describe the essential knowledge, skills and attitudes required to deliver effective mental health and addiction services.

Content of Programme

- The explanation of the seven real skills each identify a broad definition of knowledge and skills with three levels of performance indicators (essential, practitioner's and leader).
- The examination of the essential and practitioner levels focus on individual practice and the leader level emphasis service delivery.
- The description of the Values and attitudes that are recognised as a core component of good practice and are expressed in action through each of the seven real Skills.
- The Let's get real enablers are a set of tools and learning modules that assist real skills to be demonstrated across organisational systems as an individual practice.

Training Objectives

The participant will be by the end of the program be able to:

- Understand the Let's get real framework
- Develop knowledge about how Let's get real as it relates in the clinical practice setting
- Affirm their current practice and identify areas that will strengthen the ways services are delivered to meet the needs of service users, families/whanau and communities.
- Be able to acknowledge the role that the seven real skills have on the engagement with service users and families/whanau.

Reference Documents

Let's Get real; Real Skills for people working in mental health and addiction. (Ministry of Health, 2008). www.moh.govt.nz

Date	27 th February 2019 23 rd May 2019 07 th November 2019
Duration	3 hours – 1.00pm – 4.00pm
Cost	No cost - Course Code - NA
Venue	Education Centre, Palmerston North Hospital
Facilitator	Mental Health Services
Target Audience	All Interested NGO staff
Pre-requisite/ Eligibility	Nil

Wound, Skin and Pressure Area Management

Course code - U

Aims/Purpose of the Programme

To enable nurses to competently manage patients' skin and tissue integrity using evidence-based practice and critical thinking.

Content of Programme

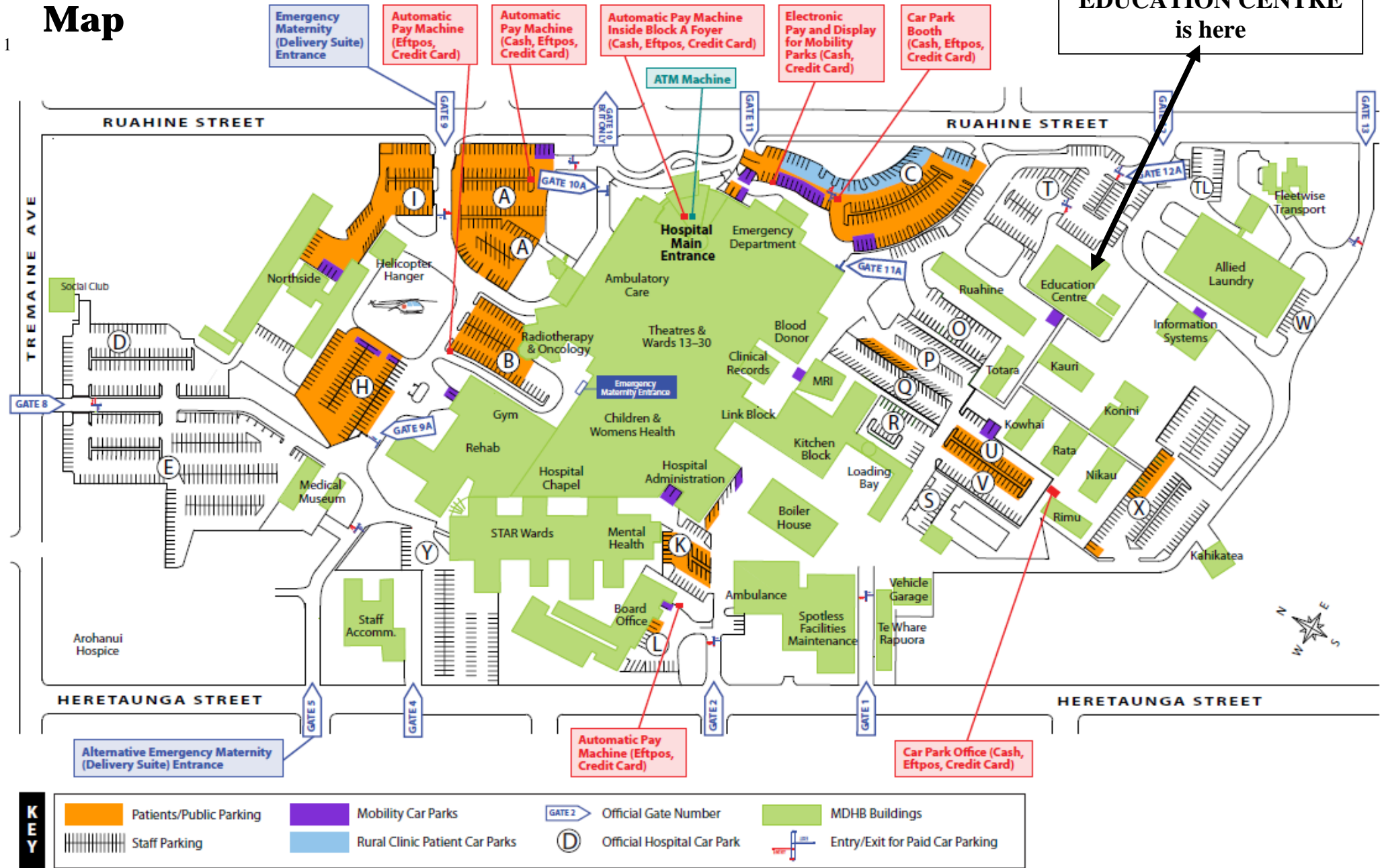
- Skin care
- Pressure area prevention techniques
- Wound assessment
- Dressing selection

Training Objectives

The participant will at the successful conclusion of the day be able to confidently articulate and apply safe and effective management of patients' skin and tissue integrity.

Date	Wednesday 20 th March 2019 Wednesday 15 th May 2019 Wednesday 4 th September 2019
Duration	1 Day, 8.30am – 4.00pm
Cost	\$50.00 incl GST - Course Code - U
Venue	Education Centre, Palmerston North Hospital
Facilitator	Karen Huxtable, Desley Johnson
Target Audience	Registered and Enrolled Nurses
Pre-requisite/ Eligibility	Nil

Location Map



Process for making a booking.

