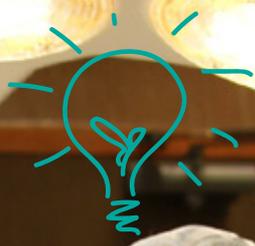


PLENTY OF
HANDS ON
EXPERIENCE



OPPORTUNITIES
FOR YOU IN THE
MANAWATU

www.midcentraldhb.govt.nz

WHY CHOOSE PALMERSTON NORTH HOSPITAL?

- We are a modern 356 bed hospital
- We provide a supportive learning environment
- Plenty of “hands on” experience
- First year runs have registrars and consultants
- Five relief positions to cover leave absences
- Excellent library facilities
- Five minutes from city centre—no traffic hassles!
- Affordable living expenses

RUNS AVAILABLE FOR FIRST YEAR HOUSE OFFICERS:

- General Medicine
- General Surgery
- Orthopaedics
- Respiratory
- Elder Health
- Obstetrics & Gynaecology (two positions in last quarter only)

SELECTION CRITERIA:

- Academic Achievement Record
- References
- Consideration of ACE scoring
- Personal interests/hobbies
- Cover letter giving reasons for choosing Palmerston North

PGY1 AVERAGE PAY:

- Medical/Surgical Runs – C MECA run category \$84,041
- O&G Runs – B MECA run category \$93,738

TYPES OF ROSTERS:

Rosters vary across specialties, however, to give you an idea most consist of:

- 1-2 long days per week
- One in three weekends
- Up to two weeks in 13 weeks worked in sets of seven consecutive nights (after six months)

POSITIONS AVAILABLE:

- PGY1 House Officers – 18
- PGY2+ House Officers – 47
- Registrars – 83

REGULAR HOUSE OFFICER TEACHING AVAILABLE:

- Weekly HO teaching session on Wednesday and Friday
- Grand rounds for medicine and surgery
- ACLS

Situated in the lower half of the North Island of New Zealand, Manawatu is centred around the city of Palmerston North (population 80,000). Two hours from the capital Wellington, from the vineyards of Hawke's Bay, from the ski fields and from Lake Taupo, with direct flights to most cities in New Zealand.

PALMERSTON NORTH IS BIG ENOUGH TO COUNT, BUT SMALL ENOUGH TO CARE.

THERE'S SOMETHING FOR EVERYONE

Indulge in life, art and mind at Te Manawa Museum - art gallery and science centre.

Visit the regions largest, most diverse public gardens at Victoria Esplanade - open all year round.

Walk, drive or jet boat through the stunning Manawatu Gorge.

Catch breathtaking views of the entire region and beyond from the lookout at Te Apiti windfarm on the Ruahine mountain range.

Visit the heart of Palmerston North, surrounded by shopping, cafes and restaurants.

Take time out and enjoy walking or biking through the many tracks across the region.

EXPERIENCE

MANAWATU



The Māori name "Manawatu" translates to "heart stood still".

OTHER THINGS TO DO



Jet boating, kayaking, horse riding, trekking, rock climbing, tramping, mountain biking, fishing and hunting, world-class car, truck, motor bike, equestrian and jet boat sprints at Feilding's Manfield Park.

TRAVEL

Drive times from Palmerston North to:

Limitangi Beach | 30 minutes
Wellington | Capital city | 2 hours
Whakapapa | Skifields | 2.5 hours
Napier | Vineyards | 2.5 hours
Taupo | Hot pools | 3 hours

www.midcentraldhb.govt.nz

Medical Administration Unit, Palmerston North Hospital, MidCentral DHB

Penny Blackley | (06) 350 8828 | penny.blackley@midcentraldhb.govt.nz
Moirā Eathorne | (06) 350 8849 | moira.eathorne@midcentraldhb.govt.nz