

# Well communities



We are committed to empowering well communities and have been talking with you directly to understand what's most impacting people's health and wellbeing in your community.

Your response to this engagement and willingness to be involved have been incredibly positive and we have heard from a wide range of residents, Whānau, community groups, Iwi, services providers and organisations including: Manawatu Community Trust, Young at Heart Feilding, Sanson and Cheltenham Community Committee meetings as well as a stall at the Farmers Market and a presentation by Sir Mason Durie on the Ngati Kauwhata Iwi Plan.

"Residents have welcomed the opportunity to provide feedback and contribute to this project. They are passionate about their communities and know that to create well communities we must all work together, listen to the communities' needs and create solutions together", says Project Manager Kelly Isles.

Your community voice is valuable and will determine what the priorities are in Manawatu for a Community Health and Wellbeing Plan developed together.

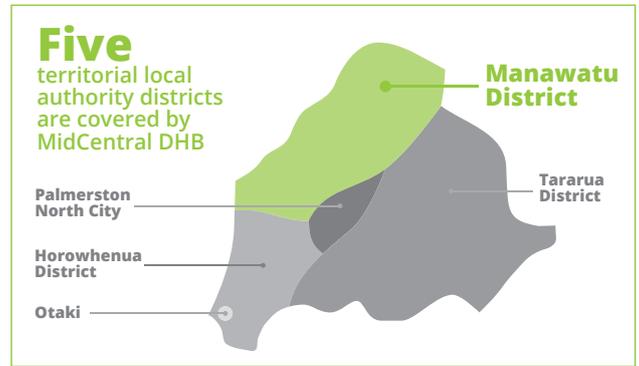
### Here's some of the things we've been hearing from you:

## Strengths

- "Great neighbours, close community with good support"
- "Loads of sport, green space and recreational opportunities"
- "Health Shuttle is good"
- "Free doctor's appointments for the kids really help"

## Challenges

- "Sometimes access to immediate emergency services (Ambulance) can be an issue"
- "It can be difficult to see your own GP when you need to"
- "Lack of quality affordable housing"
- "Better and more timely access to mental health support and services"



### What's Next

Next we will identify the top ten priorities from the feedback we have received and then we'll be asking you to tell us, of those, what you think the top two to five key priority areas are. These will form the basis of a Health and Wellbeing Plan for the Manawatu.

### Health and Wellbeing Plans

- There will be a Health and Wellbeing Plan produced for each locality, unique to the locality's identified priority needs.
- Each plan will identify 2 - 5 priority needs with actionable steps under each priority.
- The plan will have short, medium and long term actions (over 1 - 5 years).

### Ways you can get involved:



- Stay updated through our website [www.midcentraldhb.govt.nz/engage](http://www.midcentraldhb.govt.nz/engage)
- Email your name to [planning4health@midcentraldhb.govt.nz](mailto:planning4health@midcentraldhb.govt.nz) and we will ensure you receive updates
- Complete our online survey at: <https://www.surveymonkey.com/r/wellcommunities> (closes 24 June 2017)
- Request a copy of our survey to be posted to you by emailing [planning4health@midcentraldhb.govt.nz](mailto:planning4health@midcentraldhb.govt.nz)
- Call Kelly Isles on (06) 350 8912.