

Well communities



We are committed to empowering well communities and have been talking with you directly to understand what's most impacting people's health and wellbeing in your community.

Your response to this engagement and willingness to be involved have been incredibly positive and we have heard from a wide range of residents, Whānau, community groups, Iwi, services providers and organisations including: The Horowhenua Disability Forum, Local Management Group, Youth Voice, Older Person Network, Horowhenua Wellbeing Executive and Raukawa Whānau Ora Ltd.

"Residents have welcomed the opportunity to provide feedback and contribute to this project. They are passionate about their communities and know that to create well communities we must all work together, listen to the communities' needs and create solutions together", says Project Manager Kelly Isles.

Your community voice is valuable and will determine what the priorities are in Horowhenua and Otaki for a Community Health and Wellbeing Plan developed together.

Here's some of the things we've been hearing from you:

Strengths

- "We know our neighbours and are available for each other - necessary in a rural area."
- "Great facilities for youth particularly Te Takere, YOSS and Waiopehu College"
- "Health Shuttle is limited but a great service"
- "After hours Dr service and having hospital clinics in Levin instead of going to Palmerston North"

Challenges

- "Easier access and more timely access to mental health support and services."
- "Don't know what's available and how to access services, health system is complicated"
- "It can be difficult to get a GP appointment when you need one"
- "Lack of quality affordable housing has a real impact on people and whānau"



What's Next

Next we will identify the top ten priorities from the feedback we have received and then we'll be asking you to tell us, of those, what you think the top two to five key priority areas are. These will form the basis of a Health and Wellbeing Plan for Horowhenua and Otaki.

Health and Wellbeing Plans

- There will be a Health and Wellbeing Plan produced for each locality, unique to the locality's identified priority needs.
- Each plan will identify 2 - 5 priority needs with actionable steps under each priority.
- The plan will have short, medium and long term actions (over 1 – 5 years).

Ways you can get involved:



- Stay updated through our website www.midcentraldhb.govt.nz/engage
- Email your name to planning4health@midcentraldhb.govt.nz and we will ensure you receive updates
- Complete our online survey at: <https://www.surveymonkey.com/r/wellcommunities> (closes 24 June 2017)
- Request a copy of our survey to be posted to you by emailing planning4health@midcentraldhb.govt.nz
- Call Kelly Isles on (06) 350 8912.