

KIDS health

news

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This is a publication for frontline health professionals, where specific child/tamariki health information is brought together from a variety of sources. Our goal is to encourage consistent messaging, communication and collaboration across the range of child/tamariki healthcare services.

Kids Health News is now available on the MDHB website: www.midcentraldhb.govt.nz/Publications/AllPublications/pages/default.aspx?query=Kids Health News#

CHILD HEALTH SCREENING TOOL (CHST)

During the 2017/18 year, over 2500 CHST's were completed on infants and young children attending general practice for their routine immunisations.

The CHST was developed to support the System Level Measures (SLM) framework. Since 2015, the top five contributing conditions for Ambulatory Sensitive Hospitalisations (ASH) and ED presentations for infants and children aged 0-4 years are upper & ENT respiratory infections, dental conditions, gastroenteritis/dehydration, asthma and pneumonia.

Practice staff have largely provided positive feedback about this innovative local approach. There are many stories of identification of 'at risk of SUDI' infants, dental caries and children with respiratory conditions needing action plans, prompt referrals and clinical management.



IMPROVEMENTS

Improvements to the tool, based on feedback from practices, has seen the following improvements made to the CHST for 2018/19:

- Answer options have been updated to ensure clarity
- 'Lift the lip' grading fields have been included to help with clinical decision making and referral recommendations
- An Oral Health Services referral along with other relevant referral forms have been included as outbox documents
- Checkbox included for recording when a referral has been actioned.

Improved tools mean accurate recording for both routine and catch-up immunisation events, and encourages the use of the tools for opportunistic screening of children.

Changes to this target include:

- Increased funding for practices to account for the additional time it takes to complete these tools during an immunisation consult
- The use of this tool does not replace the usual Well Child/Tamariki Ora checks – it is an additional opportunity to ensure our most vulnerable do not fall through the cracks and ultimately kept well and out of hospital.

CHILDHOOD ASTHMA PLAN

1	Always involve the child by using developmentally appropriate language.
2	Ensure the child (in an age appropriate manner) and the family/caregivers understand the plan.
3	Keep a record of the plan and provide copies of the Child Asthma Action Plan for all caregivers – including childcare or school.
4	Arrange a formal review, at least annually, of the Child Asthma Action Plan with the family/caregiver's confidence and competence with asthma management.
5	Ensure family/caregivers understand the importance of not running out of inhalers and prescribed medications. Check that they know the process for obtaining repeat prescriptions.
6	Ensure enough medications are prescribed and reinforce the need for appropriate regular clinical assessment.
7	Consider referral to the Child Health Community Team's Asthma Nurses.

Asthma and Respiratory Foundation NZ Child and Adolescent Asthma Guidelines (2017)

If you would like assistance with identifying patients, talk to the Child Health Team or contact the Central PHO Practice Support Team.



INVITATION TO THE FREE
CHILD HEALTH FORUM 2018
Wednesday 19 September 2018
5.00-7.30pm

Convention Centre, Main St, Palmerston North

RSVP to cpd@centralpho.org.nz or ph 022 043 1093.

Presented by MDHB and facilitated by Child Health Service Community Team. Participants from health, education and social services are welcome.

CHILD HEALTH NURSE PRACTITIONER INTERNS



In light of future predictions of clinical skill shortages in New Zealand, there is a critical need to change the way we structure our health workforce. The development of the Nurse Practitioner role is a direct response to the changing needs of our workforce and our nation's health needs.

Since the development of the first Nurse Practitioner in 2001, the role has been shown to significantly contribute to the improvement of health outcomes for New Zealanders. Taking this into consideration, MidCentral DHB and Kauri HealthCare are supporting two nurse practitioner interns, Joshua Puts and Bridget Bellhouse (pictured above), in the area of Child Health.

The Nurse Practitioner Child Health roles are strongly based on the need for better integrated care across all health care settings, and are directly aligned to the Ministry of Health's Primary Health Care priorities and the leading Child Health strategies.

The roles would be positioned to improve the health and well-being of those experiencing acute or enduring health issues, prevention of hospital admission and more effective discharge by increasing the capacity and capability of child health service providers.

Joshua and Bridget are undertaking a Nurse Practitioner Practicum that will continue their development of advanced assessment and differential diagnosis. This will support them in prescribing treatments, including medicines in the practice setting, under supervision by a clinician with prescribing authority.

The clinical learning in practice is 300 hours over the year and is an essential component of the programme.

Child Health Collaborative Clinical Pathways



MidCentral has published **14** Child Health Pathways on MidCentral Pathways (<http://carepathways.waikatodhb.health.nz>. If you need to register, or have forgotten your password, email clinicalpathways@midcentraldhb.govt.nz.)

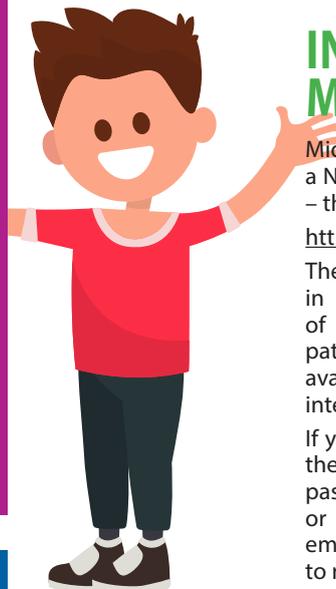
FOOD ALLERGIES IN CHILDREN

Food allergy is becoming more common and may affect up to 10% of the child population. Our current management of food allergy is variable and recent changes in recommendations around management have confused clinicians and patients alike.

The Food Allergies in Children Pathway was designed to foster consistent and high quality management in the community for low risk/uncomplicated cases and provide clear guidance for referral to secondary care services for more complex cases. The pathway features:

- Evidence-based best practice guidance on the diagnosis and management of suspected IgE-mediated allergic reactions
- Key management principles applying to all food allergy groups
- Dedicated management boxes for the top eight food allergens
- Criteria for referral to Child Health and Dietetics (secondary and primary care)
- Links to quality resources for parents/caregivers
- Links to action plans and other key clinician resources.

To view this pathway go to <http://carepathways.waikatodhb.health.nz>



INFO ABOUT MAP OF MEDICINE CHANGE

MidCentral's pathways are now accessed through a New Zealand instance hosted by Waikato DHB – the website is:

<http://carepathways.waikatodhb.health.nz>

The New Zealand instance displays the pathways in the same way experienced through Map of Medicine, however only local MidCentral pathways and other New Zealand pathways are available. You can save the above link to your internet favourites or save to your desktop.

If you were an existing user of Map of Medicine then please use your existing username and password to log on. If you are new to pathways or forgotten your log on details, please email clinicalpathways@midcentraldhb.govt.nz to request registration.

COMMUNITY CHILD HEALTH SOCIAL WORKER BEE DODUNSKI



Kia ora, my name is Bee and I have recently joined the Child Health Community Team as a paediatric social worker. I have spent the past seventeen years working at ACROSS. My role there included providing social work support to families, completing parenting assessments and managing the supervised contact service.

I am based at Health On Main in Palmerston North and can be contacted on (06) 350 4547 and bee.dodunski@midcentraldhb.govt.nz

IMMUNISATION UPDATE

ARE YOU PREGNANT?
THIS VOUCHER ENTITLES YOU TO 2 FREE VACCINATIONS

FREE



INFLUENZA VACCINATION

Where? Your General Practice team or selected community pharmacies

WHOOPING COUGH VACCINATION

Where? Your General Practice team