

KIDS

news health



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This is a publication for frontline health professionals, where specific child/tamariki health information is brought together from a variety of sources. Our goal is to encourage consistent messaging, communication and collaboration across the range of child/tamariki healthcare services.

Kids Health News is now available on the MDHB website: www.midcentraldhb.govt.nz/Publications/AllPublications/pages/default.aspx?query=Kids Health News#



CHILD HEALTH SCREENING TOOL FOR GENERAL PRACTICE TEAMS

As a part of the System Level Measures framework introduced by the Ministry of Health, a child health screening tool has been developed for use in General Practice teams. The screening tool is completed at childhood immunisation visits. The tool aims to help keep children out of hospital.

MidCentral Health's Child Health Community Team has worked alongside Central PHO, to develop the Child Health screening tools, ensuring best practice standards, alignment to DHB Child Health priorities and Ministry of Health System Level Measures. Resources have been developed and an education package to support the screening tools has been delivered. This aligns with the Collaborative Clinical Pathways for Child Health. Ongoing facilitation and practice support is required to ensure successful implementation of the tool.

The tool consists of a number of screening questions and provides the opportunity to have some health advice and health promotion conversations in regards to infant and child health. One of the key principals of the Child Health screening tool is making sure infants and children are engaged and accessing appropriate services, so there are good foundations in place to ensure we are keeping kids healthy. The tool is designed to complement existing services for children.

Contact: Nicola Lean, CNS (Lead) Child Health Community Team, MDHB (06) 356 9169 or Kirsty Ward, Clinical Champion, Central PHO (06) 354 9107.

COPING WITH A CRYING BABY



Have you got a plan to cope with a crying baby?

All parents have to cope with a crying baby; it makes a difference if they have a plan on what they will do when it all gets too much.

From May 2017 the campaign to prevent traumatic head injury to infants and children has changed its name. **We no longer refer to this as Shaken Baby Syndrome Prevention.** This terminology does not resonate well with parents or health professionals.

This issue is better addressed when we begin our conversation with parents by talking about coping with a crying baby. All parents know this is a reality they will face. A five minute conversation is what it takes to highlight the importance of preventing traumatic head injury.

Points to emphasise in this conversation are:

- Crying is how babies communicate – and this can become very frustrating.
- It's okay to walk away. Put the baby down somewhere safe and take a break.
- Always leave your baby with a safe carer.
- Do you have a plan to cope with a crying baby?
- Do you have someone who you can call when it gets too much?"
- **The power to protect is in the caregivers' hands.**

To order free copies of the Coping with a Crying baby pamphlet go to www.healthed.govt.nz/resource/power-protect-coping-crying-baby

For further online education about this topic go to <http://learnonline.health.nz/> and search for Power to Protect.

For more in-depth health information about this topic go to www.kidshealth.org.nz/never-ever-shake-baby

Compiled by Jess Sandbrook Pepi Haumarua Keeping Baby Safe Community Nurse Coordinator.

ATTENTION ALL KNITTERS



Donations of 8 ply wool and needles would be appreciated. Drop off points: Main foyer reception at PN Hospital and Knit World, 160 The Square.

Brought to you by MDHB, Kind Hearts Trust, & SuperGrans Manawatu.

To know more, contact: Leigh Rosanoski, Co-ordinator, leigh@kindheartsmovement Facebook: kindheartsmovement



INVITATION TO THE FREE CHILD HEALTH FORUM 2017

**Wednesday
20 September 2017
5.00pm–7.30pm**

Convention Centre, Main Street, Palmerston North

RSVP cpd@centralpho.org.nz or phone the CPD Co-ordinator on (06) 354 9107 or 022 0493 451 by Friday 8 September 2017.

Presented by MDHB and facilitated by Child Health Service Community Team. Participants from health, education and social services are welcome.

To be added to the database to receive the programme, please email: sherry.brown@midcentraldhb.govt.nz

| USEFUL LINK |

www.kidshealth.org.nz

Provides accurate and reliable information about children's health for New Zealand parents, caregivers, family and whanau.

Child Health

Collaborative
Clinical
Pathways



MidCentral has published **13** Child Health Pathways on Map of Medicine.
(Map of Medicine is the platform that holds MidCentral's localised clinical pathways. If you need to register, or have forgotten your password, email clinicalpathways@midcentraldhb.govt.nz.)

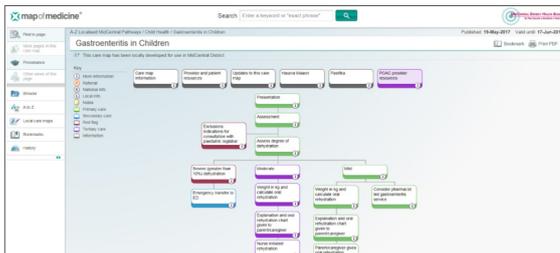
GASTROENTERITIS IN CHILDREN PATHWAY

Good news! A poster version of this pathway will be available at the end of August – and you will be able to locate it on the Map of Medicine in the 'Provider and Patient Resources' node as well as the 'POAC provider resources' node.

The Gastroenteritis in Children Pathway has been available for all General Practice Teams on the Map of Medicine for some time now and holds a variety of valuable resources for providers and parents/caregivers of children with gastroenteritis.

These can be found in the 'Provider and Patient Resources' node and include:

- List of pharmacies who provide the Paediatric Gastroenteritis Service
- Advice for parents and caregivers
- Paediatric Oral Rehydration Chart for Gastroenteritis
- Viral gastroenteritis fact sheet
- A patient version of the pathway.



Key messages before using this pathway are:

- This pathway is not for: dehydration due to illnesses other than Gastroenteritis.
- Do not use this pathway if the child has only vomiting and no diarrhoea. **Beware of any child who is only vomiting**, especially an infant as this may be the presentation of UTI, meningitis, appendicitis, intussusceptions or other systemic illness.

There are two main arms of this pathway for management in the community – mild and moderate. As of 2016, the clinical management in General Practice of the child who is assessed as moderately dehydrated has been supported by the POAC programme. To claim POAC services, the primary provider must be registered with POAC.

For further information for both the Map of Medicine and POAC please see www.centralpho.org.nz

Or email: POAC@midcentraldhb.govt.nz
or clinicalpathways@midcentraldhb.govt.nz

There is a new Map of Medicine pathway for children that we hope you will find useful. It's titled "Developmental Issues in Children – Learning, Cognition and Communication", and provides advice on what to do when there are concerns around a child's development or learning. There are handy contact details in there too, such as for hearing and vision screening – always important to consider when there are learning difficulties present.

IMMUNISATION UPDATE



Introducing Varicella

Varilrix is our new vaccine to be introduced into the schedule. Many of you will be familiar with it through privately purchased vaccination or the 'special groups'.

- It is a live vaccine and is given at the 15 month vaccine event. This means that there will be four vaccines given at this event.
- Please encourage our parents/caregivers to have all four vaccines given at the one event. If for any reason these vaccines are to be given separately, please administer the MMR and Varicella vaccines first as these are both live vaccines, which then means that the patient can complete the course sooner as there is no time period to wait in between.
- For eligibility criteria at 15 months and 11 years consult with the online immunisation handbook or contact your immunisation co-ordinator.

Pertussis (Whooping cough)

Pertussis is highly contagious and is spread by coughing and sneezing. Many babies catch it from their older siblings or parents often before they are old enough to be fully vaccinated. Immunity wanes over time which means all adults are a potential source of infection for babies.

The best protection for infants is for their mother to be vaccinated during pregnancy followed by on time immunisations at six weeks, three months and five months. They are then given a booster at four years and 11 years of age for further protection.

When a woman is protected from whooping cough her body develops high levels of antibodies which will pass through the placenta. This will help protect the new-born from severe whooping cough for the first few months of life, until the infant has had their own three doses of the vaccine and can make their own long term protection. Recommended for every pregnancy and is free for women between 28–38 weeks of pregnancy.

Any concerns or questions please do not hesitate to call or email me
Monday to Friday: **Shelley Daysh (Immunisation Coordinator)**
Mobile: 027 555 8977 Ph: (06) 354 9107 Fax: (06) 354 6107
Email: shelley.daysh@centralpho.org.nz

Or Rachel Puts Tuesday and Wednesday on:
Rachel Puts (Immunisation Facilitator): Mobile: 021 671 275
Ph: (06) 3549107 Fax: (06) 3546107 Email: Rachel.puts@centralpho.org.nz

DENTAL DECAY IS PREVENTABLE

When you see children, "Lift the Lip" to check for tooth decay.

For videos that demonstrate how to practice "Lift the Lip" go to www.healthysmiles.org.nz

Purpose of Lift the Lip

- Opportunity to discuss oral habits and dietary factors.
- Advise parents about basic signs of decay.
- Refer to CAOH Service if signs of decay are present.

Basic Oral Health Messages

1. Brush teeth twice a day with a fluoride toothpaste.
2. Limit how often they have sugary food or drink.
3. Encourage children to drink water.
4. Have regular dental check-ups – they are free until your child turns 18.

Why are baby teeth important?

Baby teeth help your child to eat and speak properly. They also save the right space for the adult teeth to grow into. Healthy teeth boost your child's appearance and self-esteem. When you teach your child to get into the habit of looking after their baby teeth, they are more likely to keep their teeth healthy as they grow up.

To find your nearest dental clinic ring 0800 825 583 (0800 TALK TEETH).

By: **Julie Jenkins Professional Advisor/Clinical Educator, Child & Adolescent Oral Health Service, MidCentral Health**
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