

KIDS HEALTH NEWS

This is a publication for frontline health professionals, where specific child/tamariki health information is brought together from a variety of sources. Our goal is to encourage consistent messaging, communication and collaboration across the range of child/tamariki healthcare services.

Kids Health News is now available on MDHB website: www.midcentralthb.govt.nz/Publications/Newsletters/KidsHealth/



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Guest Editorial by Dr Vicki Shaw, Youth Health Doctor, Community YJ Assessments (Independent) & LNYJRC, Central PHO

YOUTH JUSTICE: THE MULTI-AGENCY INTERFACE (It really does take a community to raise a child)



A 14 year old boy has been on the police youth aid radar for awhile, but has now

been referred to Child, Youth and Family (CYF) for a Youth Justice Family Group conference process. It is highly likely he is currently truanting. It is also highly likely his whanau have not always connected up with health providers successfully. Perhaps his recurrent ear infections over the years have caused hearing loss, but no one knows about this yet.

Multiple systems are working with this young person and his family – Police, CYF, education and health. All want better health and wellbeing outcomes for this young man. All have a vision of him becoming an independent, contributing adult with positive connections, and goals for the future.

He and his family often miss appointments, change addresses and phone numbers, and just struggle with everyday living. And this young fellow... well his ears are painted on! He never listens.

And this is where multi-agency work comes in. Suppose he will get to his health check, with the CYF Social Worker helping with transport and commitment. Maybe his health check identifies a need for hearing-aids, and that his anger and offending link to his frustrations with school. And maybe education will re-think how to work with him now they know about his hearing impairment. Maybe he stops offending because he can go to school and enjoy it, and can dream about a mechanics course one day.

"Easier said than done", you say. But if the professionals don't work "joined up", then they will continue to operate in their sectorial silos, frustrated by the limited impact of their endeavours.

Commitment at Ministry level, starting a decade ago, has led to a strategic push for integrated work across sectors and agencies. Alongside this, at the coal-face, organisations and individuals have learnt how to make this happen operationally. CYF now work with educational psychologists, health providers, schools, DHBs and PHOs to ensure a holistic, individual and "joined-up" plan is put in place for every young person.

This is seen in the Youth Justice arena nationally through the Health and Education Assessment Programme, facilitated by Youth Justice Co-ordinators. Locally we have a positive multi-agency approach with contracted health assessors and GSE working with CYF. In the Youth Justice Residence, here in Palmerston North, we have a multi-agency collaboration that continues to develop, involving CRHS School, CYF, Central PHO, DHB and community providers.

A multi-agency team requires buy-in by the managers of the involved agencies and formal structural supports. It also requires time and effort by the clinicians to learn about each other's roles and responsibilities, to develop common language, frameworks and information sharing protocols. However, the outcomes become greater than the contributing parts.

LIFT THE LIP TO CHECK FOR TOOTH DECAY

ADVICE FOR FRONTLINE HEALTH PROFESSIONALS

- Ensure you practice "lift the lip" when seeing children.
- Encourage parents/caregivers to lift the lip monthly.
- Contact 0800 825 583 to make an appointment at the nearest dental clinic.

Resources are available from:

Yvonne Murphy, Clinical Co-ordinator, Child & Adolescent Oral Health Service.
Email: yvonne.murphy@midcentralthb.govt.nz or phone (06) 350 8619.



GOOD



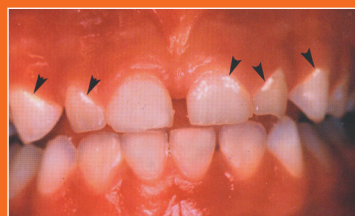
Twice daily brushing with fluoride toothpaste will help keep your child's teeth healthy.

DANGER



Brown marks and cavities mean your child needs dental care now to prevent toothache and infections.

WARNING



Chalky white spots or lines near the gums are signs of early decay. Seek dental care now for advice & treatment to help stop these chalky areas turning into holes.

EMERGENCY



Rotten and infected teeth will give your child toothache, and some of these teeth will have to be taken out.

USEFUL LINKS

GREEN PAPER FOR VULNERABLE CHILDREN

The following link is to the "Green paper for vulnerable children". The Government is asking for feedback. Please circulate the document link widely within your networks and encourage submissions. Submissions close: 28 February 2012.

www.ms.govt.nz/documents/about-msd-and-our-work/work-programmes/policy-development/green-paper-vulnerable-children/green-paper-for-vulnerable-children.pdf

CHILDREN'S SOCIAL HEALTH MONITOR

2011 Update of the Children's Social Health Monitor is now available.
www.nzchildren.co.nz

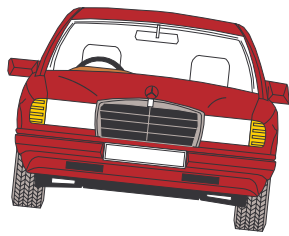
CHILD POVERTY ACTION GROUP

Launch of "Left Further Behind: How Policies Fail the Poorest Children in New Zealand".
www.cpag.org.nz/news/left-further-behind-report-launch/

ALCOHOL AND YOUNG PEOPLE

A new report on alcohol and young people available on the Youth2000 website.
www.youth2000.ac.nz

DRIVEWAY RUN OVERS



Toddlers and children continue to be run over in driveways.

The Child and Youth Mortality Review Committee (CYMRC) released a report in September 2011 on deaths and injury through driveway run overs.

CYMRC Chair Dr Nick Baker says: "The good news is that we can take specific actions to reduce the number of children dying or being injured in low speed run overs."

Examples of some of these actions are:

- Always 'count the kids' before you manoeuvre a vehicle, and make sure they are belted safely in the car or are in a safe place away from the car
- Keep cars locked, windows closed, keys out of the ignition – and don't let children use vehicles as a play area
- Slow down on driveways
- Understand just how big the blind area is around your vehicle – your line of sight may be less than you think
- Actively supervise children but also have other ways to keep them safe, such as a fenced off play area or a childproof doorway gate
- Teach children to be cautious around vehicles
- Encourage visitors to park on the road outside of your house instead of in the driveway.

If you have a group wanting to know more about child driveway run overs, there is a SafeKids kit available. The kit contains a ten metre long mat, a three metre long mat, stand-up toddler size figurines and an instruction book. This can be borrowed by ringing Nigel Fitzpatrick at Public Health Services on (06) 350 9110.

Nigel Fitzpatrick, Health Promotion Advisor, Public Health Services MCH

View report from CYMRC on the deaths of children from low speed run over: www.cymrc.health.govt.nz/moh.nsf/indexcm/cymrc-resources-publications-lowspeedrunover

BREASTFEEDING

SUPPORTING PROVIDERS IN THE COMMUNITY

- Providing FREE breastfeeding training and support to providers in the community working with breastfeeding mothers.
- Peer to peer (mother to mother) support.
- Increase skills of providers to support breastfeeding mothers in the community.
- Free 0800 phone line on Tuesdays from 9–1pm. To provide breastfeeding support for providers – 0800 LATCHON (0800 528 2466).
- "Mama & Pepi Café" – Breastfeeding Coffee Group, Mondays 1–3pm held at Community Birth Services.
- Breastfeeding conference – 26 October with guest speaker Cheryl Benn held at Community Birth Services.



We are running free breastfeeding training and support sessions throughout Manawatu, Palmerston North, Tararua and Horowhenua.

Contact: Community Birth Services – (06) 354 6455 or email: breastfeeding@communitybirthservices.org.nz

IMMUNISATION UPDATE

As we all know, there has been an outbreak of measles in New Zealand. To date we have not had a confirmed case of measles in our region but this could happen at anytime. Please encourage all children to have their MMR vaccine on time, so if an outbreak of measles does occur, we have increased immunity for our community. The first MMR vaccine is given at 15 months and the second at four years. We have a Vaccinators update on the 8th November 1–5pm. Contact IMAC, ph 0800 882 873.

0800 JABS 4 U (0800 522 748)

This line is available to check on a child's current status, refer to the outreach service or to seek advice on immunisation queries.

Deb Winiata and Vicki Rowden, Immunisation Co-ordinators, Central PHO, phone: (06) 354 9107, fax: (06) 354 6107, email: deborah.winiata@compasshealth.org.nz or victoria.rowden@compasshealth.org.nz



COMING EVENTS

MATERNAL CHILD HEALTH WORKSHOP

14 November 2011, 12.30pm–2.30pm.

Addis House, Ruahine Street, Palmerston North. Light refreshments.

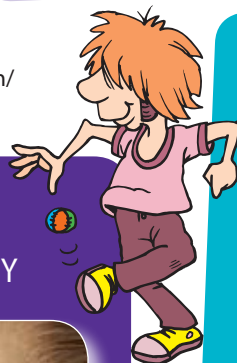
Practice skills update includes:

- Hip check
- Red eye reflex
- Cues of attachment/non attachment.

Certificates for elective education provided.

RSVP to: megan.doran@midcentraldhb.govt.nz by 31st October 2011.

Any queries contact Barb Bradnock (06) 350 8837 or Cheryl Benn 027 203 2930.



PARENTS VOICE

IT TAKES A COMMUNITY TO RAISE A CHILD.

MANA MĀTUA
KO TE TOI O NGĀ ORA, KO TE WHĀNAU ORA.



Parents Voice is an online network of parents, whānau and caregivers who advocate for healthier food and physical activity for children in New Zealand.

Register online and have your say www.parentsvoice.org.nz

KEY DATES

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| 3 Oct | Child Health Tamariki Ora District Group Forum |
| 3–7 Oct | Mental Health Awareness Week |
| 10 Oct | Mental Health Day |
| 15–31 Oct | Bandanna Appeal "Canteen" |
| 1–30 Nov | 5+ A Day Promotion Month |
| 14–20 Nov | Sun Smart Week |
| 16–22 Nov | Diabetes New Zealand Awareness and Appeal Week |
| 25 Nov | "White Ribbon Day" for the Elimination of Violence Against Women |