



Women's Health

IMPLEMENTATION OF SERVICE REVIEW RECOMMENDATIONS

Welcome to the fourteenth Women's Health Newsletter. This update provides information about progress as we continue to implement our improvement programme. The service review reports, updated, work programme, working group minutes and this newsletter can be found if you click here:

[Maternity Services Review](#)



Consumer Participation

Participation from consumers in the improvement work being undertaken is critical to improving the experience for women, their partners, whanau and families. We are very fortunate to have Kelly Wylie as a consumer representative for the Maternity Services Review, where she is a member of the Working Group. So it our pleasure to introduce Kelly to you:

"Firstly, it's a privilege to represent the women of the MidCentral District on the Working Group, addressing the 'gaps and overlaps' of maternity services in our region. The Working Group team have a shared philosophy of improving the experience of maternity services for women and families, and although we do not always 100% agree on everything, the process remains respectful and women-centred. The last few months have been extremely busy for all involved, but the commitment to the process remains high! I live in Pahiatua with my husband Andrew and our four sons aged from 4 through to 15 years.

After completing a Degree in Business Psychology at Massey, I worked in HR and recruitment, both overseas and then in Wellington. Soon after becoming a Mum in 2001, we moved from Wellington to Pahiatua and I became involved in the local Plunket Group over the next 10 years, employed as the Community Karitane for some of that time.

Realising I had a passion for all things "Maternity" and family centred, I returned to study Childbirth Education and began teaching the antenatal classes in Pahiatua in 2007, initially as part of the Community Birth Services team, and then under the Pahiatua Community Services Trust. Between 2008 and 2016 I have been employed by the same Trust to run a maternity resource centre (Tararua Maternity Services) in Pahiatua.

I was a Consumer Representative on the Midwifery Standards Review team between 2007 and 2016, and joined the NZCOM Resolutions Committee in 2015. In 2013 I joined the MidCentral DHB Maternity Quality and Safety (MQSP) Locality Group.

With the inception of the Barnardos Bumps to Babies service this year, I have become more involved in the parent education aspect of my



role, delivering the Triple P and Incredible Years parenting programmes to families in our district. I also facilitate the Strengthening Families meetings in our work place and supervise the Family Support side of our organisation.

Setting families up for success begins with excellent maternity care, and the benefits of doing this well, will be intergenerational. I'm looking forward to a Maternity Service that we can be proud of".

"Birth is not only about making babies, it is about making Mothers. Strong, competent, capable Mothers who trust themselves and believe in their inner strength." (Barbara Katz Rothman).

Open Disclosure Training 19 & 20 October

Do you feel you would like to learn more about how to talk to women and families in a very transparent way when adverse events occur? We are thinking about fetal loss, a birth that hasn't gone as planned, or an emergency has occurred, just to name three such examples.

This workshop will help you through all the

difficulties of discussing adverse outcomes with women and families. For more information click on this link: [Mastering Open Disclosure](#)

It's free!

Registration is essential. **19 Oct 9am, 19 Oct 3pm, 20 Oct 9am, & 20 Oct 1pm**

The Open Disclosure training will be held at the Convention Centre, Main Street, Palmerston North, the

(Note: parking chits will be available for each session).

If you have any questions please contact; catherine.marshall@midcentraldhb.govt.nz

Look out for the email being sent to you!!

Clinical Director Candidate Presentations

The two candidates for Clinical Director are presenting to stakeholder groups next **Friday 30 September**. You should have received your invite to one of the presentations:

Women's Health Staff

3.30 & 4.45 – Clinical Lecture Theatre

Consumers

2.30 & 3.45 – Education Centre, PNH

LMCs/Community Midwives

4.30 & 5.30 – Education Centre, PNH

If you want more information or haven't received a formal invitation please contact:

nicholas.glubb@midcentraldhb.govt.nz

TOAM - Te Ohu Auahi-Smoking Cessation

TOAM (Te Ohu Auahi) is a DHB purchased stop smoking service and is available not just in the community in all locations across the MidCentral DHB but also at MidCentral through Marilyn McKay) at the Public Health Unit phone (350) 9119. Marilyn regularly visits the wards including your area to offer specialist support. She triages all referrals to the TOAM base here at Te Wakahuia for allocation to our team of stop smoking practitioners.

TOAM has recently appointed a midwife, Julie Robb-O'Connell, who is based at He Puna Hauora. After the success of the Whakahau Ora incentivised pregnant families programme Julie has been reemployed into this exciting new role to advance the opportunity for women and their family members who smoke to

receive specialist support. Additionally she advises Matanga (quit coaches) in the team over how to provide the best opportunity to quit for this group. Julie's role covers the entire DHB region, including Dannevirke, Pahiatua, Levin and Otaki.

TOAM manages the Smokerlyzers for Maternity project on behalf of the MDHB. Some 15 foetal smokerlyzers were purchased by MDHB for distribution to maternity services. Julie will take on the role of distributing and training staff to use these. This motivating tool assists staff and clients alike to use NRT and can prevent them from leaving the ward to smoke.

Julie can update/skill staff at any time. And training for staff on night shifts can also be arranged.

Work stream up dates

Facility Improvements

Maternity Ward

- Facility improvements to the reception area of the maternity ward are scheduled to commence on Friday 23 September. These changes will enhance the working space for staff. We will need to temporary relocate our office space in the meantime.

Antenatal Services

- Thank you to those who have taken time to complete the antenatal clinic survey monkey. The results can be view by following this link: [Antenatal Clinic Survey Results](#)
- Thank you to those who attended the facility improvement staff forums. Really good ideas were put forward for discussion and consideration.
- Two options for relocating antenatal clinic services have been developed by staff. You will be emailed a copy and hard copies will be available to view on the quality notice boards in Delivery Suite, in the Consultants office (Floor 1), in the Maternity ward (Floor 2) and in the current Antenatal/Gynae clinic (ground floor).



Please let us know what you think to
catherine.marshall@midcentraldhb.govt.nz
Robyn.Williamson@midcentraldhb.govt.nz

STAFF FORUM

A **STAFF FORUM** as part of the Antenatal clinic relocation planning is being held on **Wednesday 28 September 3pm** in the Maternity Education Room. This is to provide an opportunity for you to ask questions, and share your feedback

Closing date for feedback is 30 September 4.30 pm.

Consumer Liaison Role Advertised

The consumer liaison role to support consumer engagement and service improvement with a consumer focus is being advertised. Initially this role will be two days a week, and will support the activities of our consumer workstream. The advertisement is attached to this newsletter.

Stakeholder engagement

Developing clinical pathways to guide the safe transfer of care when it is required is our top priority for improvement work for September and October. Sessions are being set up to work collaboratively on pathways for the following common presentations;

- Twins
- SGA babies
- LGA babies
- GDM
- Obesity
- High blood pressure

These sessions will include an Obstetrician, LMC, consumer, (Acting) Clinical Director, ACM, Maori, Service Manager. This is our top priority and we are inviting your involvement. Please contact:
Catherine.Marshall@midcentraldhb.govt.nz

The "Transfer of Care" audit tool is being finalised for the audit to be undertaken in October. We will be starting this shortly and will provide more information on this soon.

Quality training

Another quality session is scheduled for 29 Sept (3-4.30pm). These are being run by Barbs Ruby. Attending these sessions requires you to produce a poster highlighting a quality improvement initiative and the best poster wins attendance at a fully funded conference. It is really exciting to hear about the initiatives that are being identified. If you would like to participate please contact:
Barbara.Ruby@midcentraldhb.govt.nz

MCIS

Formal initial training on MCIS kicked off this week for medical staff. All those involved in the MCIS improvement work are working hard to make the system easier to understand and use especially when care is required urgently. If you have clinician feedback regarding the use of Badgernet, please contact: Fiona.McConnon@midcentral.dhb.govt.nz
Steven.Grant@midcentraldhb.govt.nz

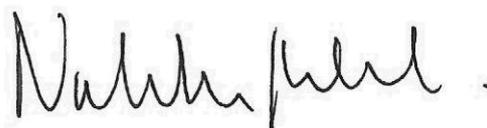
Changed your email????

We want to make sure you have every opportunity to stay updated with what's happening in Women's Health. If you change your email please contact:
Katherine.ElBayouk@midcentraldhb.govt.nz

From the Women's Health Leadership

We welcome you to be involved and also your feedback. We value your assistance and the team work involved in bringing this together. Thank you for your continued effort.

Please contact:
Nicholas.glubb@midcentraldhb.govt.nz
Robyn.williamson@midcentraldhb.govt.nz
Steven.grant@midcentraldhb.govt.nz
Diane.hirst@midcentraldhb.govt.nz



Nicholas Glubb
Operations Director

CONSUMER LIAISON (16 hours)
Kaitakawaenga Whakapeto Ratonga Kokatanga
Maternity Services

Stronger involvement of women, whanau and families is central to our work to improve MidCentral DHB Maternity Services. We want to get women more involved and for them to contribute to our improvement work.

Do you have?

- knowledge and understanding of maternal health within MidCentral DHB District
- an awareness of maternal health inequalities and barriers to maternity care
- knowledge and understanding of bicultural and multicultural issues.
- personal experience as a consumer of Maternity services.

Then apply for the position of Consumer Liaison with our Maternity Services. You will be involved in our maternity improvement programme, linking with individuals and groups of women and families across our district, and leading positive change to our services.

This position is for 16 hours a week, working from our Maternity Services at Palmerston North Hospital

Closing date: Monday 17 October 2016