




Dietetic Services in the MidCentral Region

PHO Dietitians	Hospital Dietitians	Private Practice Dietitians
<ul style="list-style-type: none"> • CVD Risk Reduction <ul style="list-style-type: none"> - Hyperlipidaemia - HTN • Cardiac Rehab Groups • Obese Adults • Obese Children with no other co-morbidities • Type 2 Diabetes <ul style="list-style-type: none"> (with complex issues - talk to local PHO Dietitian) • Pre-diabetes • Respiratory Disease • Oncology <ul style="list-style-type: none"> (early stage not under RCTS) • PCOS (polycystic ovary syndrome) • Hiatus hernia/GORD associated with obesity • Diverticular Disease <ul style="list-style-type: none"> (prevention and follow up) 	<ul style="list-style-type: none"> • Type 1 Diabetes • Type 2 Diabetes <ul style="list-style-type: none"> (with complex issues - talk to local PHO Dietitian) • Gestational Diabetes • Paediatrics • Renal • Oncology <ul style="list-style-type: none"> (under the Regional Cancer Treatment Service) • Eating Disorders <ul style="list-style-type: none"> (in conjunction with mental health service) • Respiratory disease with associated malnutrition • Malnutrition <ul style="list-style-type: none"> (requiring supplements) • Enteral Feeding <ul style="list-style-type: none"> (Community patients) • Inflammatory Bowel Disease • Irritable Bowel Syndrome • Post GI Surgery • Diverticulitis • Cystic Fibrosis • Neurological disorders (MND/MS, stroke) • Allergies/Intolerances • Coeliac • Anaemia Dietary Related 	<div style="text-align: center; margin-bottom: 20px;">  <p style="font-size: small;">provides a complete range of food & nutrition services</p> <p>Ph: 355 4600 568 Ferguson Street Palmerston North info@nutritionmatters.co.nz</p> </div> <div style="border: 1px solid black; padding: 10px; margin-top: 20px;"> <p>Studio Rubix</p> <p>Kate Morland (PGDipDiet, BSc & BPhEd)</p> <ul style="list-style-type: none"> • Registered as a Non-Diet Approach Dietician • Specialises in Sports Nutrition, eating disorders and weight management. <p>Phone 06 392 1255 Website: https://studiorubix.co.nz/nutrition</p> </div>
<div style="border: 1px solid black; padding: 5px;"> <p>Otaki PHO</p> <p>C/- Community Health Centre Mill Road, PO Box 207, Otaki Phone (06) 364 8291 Fax (06) 364 7485</p>  </div>		
<div style="border: 1px solid black; padding: 5px;"> <p>Horowhenua PHO</p> <p>Horowhenua Hospital Liverpool St, PO Box 659, Levin 500 Phone (06) 367 6433 Fax (06) 367 6434</p>  </div>		
<div style="border: 1px solid black; padding: 5px;"> <p>Manawatu PHO</p> <p>575 Main St PO Box 2075, Palmerston North Phone (06) 354 9107 Fax (06) 354 6107</p>  </div>	<div style="border: 1px solid black; padding: 5px;"> <p>Hospital Dietitians</p> <p>Dietitians Palmerston North Hospital Private Bag 11036 Manawatu Mail Centre PalmerstonNorth</p>  </div>	
<div style="border: 1px solid black; padding: 5px;"> <p>Tararua PHO</p> <p>Cnr Queen & Huxley Sts</p> </div>		

PO Box 109, Pahiatua
Phone (06) 376 8860
Fax (06) 376 6596



Fax 06 350 8861